

**LIVE WELL.
LEARN FOREVER.**
2021 SPRING COURSE CATALOG

**O S H E R
LIFELONG
LEARNING
INSTITUTE**



UNIVERSITY OF
ARKANSAS

College of Education
& Health Professions

479.575.4545

olli@uark.edu | olli.uark.edu

Planning Your Best Retirement



Apartments



Village Homes



Cottages



Planning for a move to the perfect retirement community doesn't happen overnight, but at Butterfield, we make that time of preparation almost as fun as actually residing in one of our impressive living options.

As a Carriage Club Member, you'll get to enjoy a range of premier amenities – before you move in!

Delicious, Healthy Chef-Inspired Dining
Fun Programs and Social Events
Fitness Classes, Gym and Aquatic Center

Call to schedule your private consultation and tour today.



1923 E. Joyce Blvd. | Fayetteville, Ark. | 479.695.8011 | butterfieldtrailvillage.org



All About OLLI



Welcome to the Osher Lifelong Learning Institute (OLLI) at the University of Arkansas!

OLLI at the University of Arkansas was established in 2007. It is one of 123 Osher Lifelong Learning Institutes across the United States, and is the only OLLI in the state of Arkansas. These lifelong learning programs are partially funded through the Bernard Osher Foundation and each is dedicated to providing non-credit courses and continuing education opportunities to adults. OLLI has NO academic prerequisites or age restrictions and is designed for adults who want to continue learning in their retirement years.

Our Mission and Values

The mission of the Osher Lifelong Learning Institute at the University of Arkansas (U of A) is to provide a community of adults with a lifelong learning venue that promotes intellectual and cultural growth through exploration and discussion via diverse, high quality and affordable educational programs.

High Quality Programs and Engaging Courses

The OLLI curriculum committee annually develops hundreds of stimulating courses in a variety of fascinating topic areas. Programs range from one time lectures, tours, workshops and day hikes to eight-week seminars or study groups. Courses are engaging, innovative, lively, hands on, informative and are offered in a variety of settings. There are no prerequisites required, no tests or exams and no age restrictions. OLLI courses provide the ideal environment for learning.

Exceptional Instructors

Along with university professors and other educators, those who facilitate OLLI courses include experienced professionals, passionate hobbyists, researchers and distinguished scholars. OLLI instructors are there both to educate and to engage, and they love sharing their knowledge, expertise and fascinating stories.

Special Events and Programs

In addition to regular courses, OLLI members enjoy the opportunity to engage in monthly social and cultural events, special programs, book clubs, special interest groups, and much more. These special programs provide an opportunity to take the discussion outside the classroom, to meet new people, and to engage in unique experiences only offered through our institute.

Welcome from the Director



Josh Raney
Director, Osher Lifelong Learning
Institute at University of Arkansas

Dear OLLI Members and Friends,

I hope you had a wonderful and safe holiday season. It is no secret that 2020 was a very challenging year, but it also presented new opportunities, such as adapting classes to be offered virtually. Since the pandemic, our focus has continued to be on offering high quality classes and activities, in a safe and comfortable environment, for all to enjoy. Last fall, we successfully did this with strict safety guidelines for in person activities and an improved platform for attending classes virtually from the safety of your home. This spring season will be no different. We will continue to prioritize the safety and well-being of all, and build on what we have learned while navigating these challenging times.

Our curriculum committee and instructors have worked very hard to develop a schedule of classes that you will certainly find intriguing and exciting. Peruse this catalog and you will find a wide array of topics, to be offered in a variety of formats. Whether you attend classes in person or virtually via Zoom, I am sure you will find your experience to be valuable and rewarding.

No matter how you choose to participate, I am certain you will find OLLI to be engaging, informative and fun. When I talk to people about OLLI at the University of Arkansas, there are three things I always like to mention: lifelong learning, lifelong friendships and endless opportunities. I look forward to your involvement in OLLI this spring and in the semesters beyond.

Sincerely,

Josh Raney, Director

OSHER Lifelong Learning Institute at University of Arkansas

211 E. Dickson St., Fayetteville, AR 72701
Hours: Weekdays 9:00 a.m. – 3:30 p.m.

479-575-4545

WEBSITE: olli.uark.edu | E-MAIL: olli@uark.edu

FOLLOW OLLI NEWS @ **OLLIatUofA**

NOTICE: Courses listed in this catalog are offered in the spirit of academic freedom. The Osher Lifelong Learning Institute and the University of Arkansas do not endorse any creed, concept, service or product that might be presented by the instructors.

Table of Contents

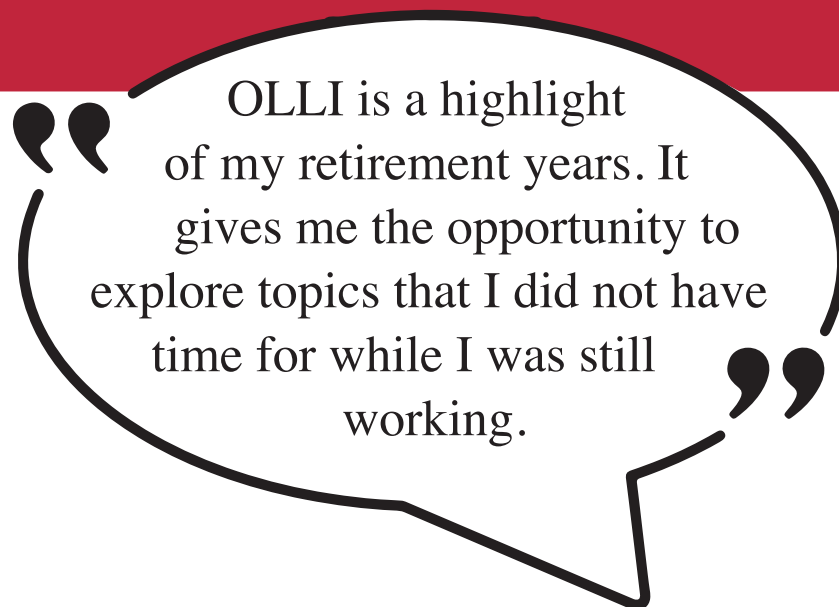
Activity Levels.....	10
Benefits of OLLI Membership.....	6
Cancellation and Refund Policy.....	38
Class Index (Classes at a Glance).....	13
Class Listings by Category.....	12
Class Listings in Calendar View.....	20
Class Listings in Detail.....	18
Gift Membership Information.....	35
Kick-Off Event Info.....	40
Locations Info.....	24
Make a Difference (Giving to OLLI).....	36
OLLI Staff and Volunteer Committee Members.....	8
Online Learning Info.....	17
Policies and Procedures.....	38
Registration Form.....	37
Safety Guidelines for In-Person Activities.....	16
Social Events and Special Interest Groups.....	39
Teaching Opportunities.....	9
Volunteer Information.....	11



“Live Well. Learn Forever.”

Appreciation

WHAT OUR MEMBERS SAY



“OLLI is great exposure to new ideas from most engaging teachers who are clearly model instructors. We are encouraged every step of the way to develop our diverse interests. I’m left wanting more time with the subject and with the instructor.”

“I’ve loved the classes! I love being able to hear what other people think and broadening my horizons. The instructors are delightful, talented and know how to present. In my grade book, OLLI gets an A+!”

“We are fortunate to have this exceptional opportunity on behalf of the U of A & the Bernard Osher Foundation! I will continue my support through membership dues and contributions each year.”

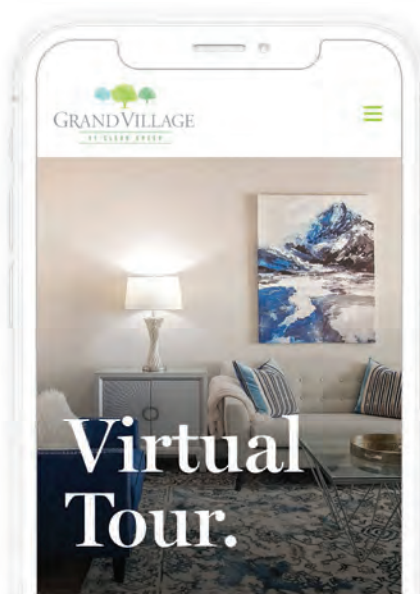
Welcome to the *Grand Life*.

Move into Northwest Arkansas' Premier Active Adult Community Today!

Grand Village at Clear Creek in Fayetteville is now open! Live a grand life in this newly imagined 20-acre active adult community of amenities, activities, services, and security. Stop waiting. Start living.

Take a *virtual tour* of
our community at

grandretirement.com



Enjoy the View.

Our community is designed to be the perfect backdrop to your active lifestyle.

Grand Living Starts *Here*



- + No buy-in fee
- + 24/7 concierge
- + All-inclusive services for ages 55+
- + 3 chef-prepared restaurant-style meals daily with flexible dining options
- + Fitness center and indoor pool
- + His & her saunas
- + Live-in managers
- + Grand Life Wellness Bands for each resident
- + Choice of 20 floor plans from lodge living to cottage homes
- + 9-foot ceilings
- + Suites include full kitchens & w/d connections
- + Ideal location near all of the area's attractions
- + Pets allowed (and welcomed!)

Get in touch for floor plans, amenities, pricing, and availability!

grandretirement.com | 479.435.7500

OLLI Spring Memberships

Join or renew today to maximize your OLLI experience.



For the current semester running Jan. 17, 2021 – June 30, 2021, OLLI is offering a one-time, discounted, spring membership. Join or renew during the spring semester to receive this amazing opportunity. Memberships expire June 30, 2021, at which time they can be renewed at the regular annual price.

Spring 2021 Membership **\$25** | To Join or Renew Call **479-575-4545**
Or Email **olli@uark.edu**

Spring memberships run through June 30, 2021 and are tax deductible along with other exclusive benefits.

Share your love of learning with a **Linked Membership**

You can also link your membership with another person at no cost! Linking a membership online provides a unique feature allowing members to register one another for courses and events. Just select the linked membership options at the time you join or renew!

Perfect for: 1. Friends 2. Family 3. Spouses

Benefits of Membership

Why become an OLLI member?

- Memberships are tax deductible.
- Discounted, members only pricing on ALL programs and events.
- Priority registration on ALL courses and events.
- Advanced notice of OLLI programs, cultural events, and socials.
- Access to member exclusive programs and services.
- Newsletter with information on OLLI programs, U of A events and community activities.
- Student ticket prices for UA music & theatre events.
- Discounted tickets to performances at the Faulkner Performing Arts Center.
- 40% discount on UA Press publications.
- 15% discount on UA Bookstore and computer store products.
- U of A Recreation (UREC) memberships & services at faculty/staff prices with UA ID card.
- Access to purchase a U of A Student ID Card for a one time fee which provides increased access to special events and selected UA resources, like the Mullins Library, as well as a number of discounts around the community.
- OLLI members receive the following discounts at the U of A Community Music School (CMS):
 - \$25 semester fee waived with purchase of 10 or more private lessons (\$25 off)
 - \$5 discount on Master Chorale registration fee (\$5 off)
 - \$5 discount on Gospel Chorale registration fee (\$5 off)
 - Discount on Adult Jazz Workshop registration fee

THE FUTURE OF NEWS IS MORE!

Get even MORE out of your newspaper by joining the **Digital Replica Program**, like thousands of other readers!



iPad included with your subscription!*

MORE DETAILS!

Don't miss a single detail, instantly zoom in on photos and small print!

MORE SPORTS!

More sports & free access to the BEST Razorback news, **WholeHogSports.com!**

MORE PUZZLES!

Lots more puzzles and easier than ever to play!

MORE BACK ISSUES!

Now you can look at past editions, going all the way back to 2002!

MORE PICTURES!

Many news stories will contain extra photos & video!

Enjoy all the great extras of the Digital Replica as you read your paper every day on an iPad that's included in your subscription at no extra cost.*

nwaonline.com/nwaipad

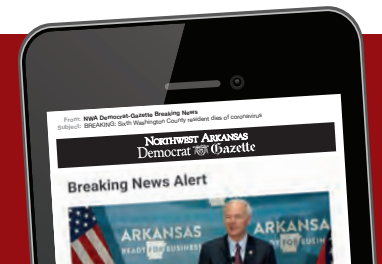
1-800-641-6882

NORTHWEST ARKANSAS
Democrat & Gazette

*iPad must be returned within 30 days of termination of account.

Get our email newsletter and stay up on what's going on. Go to...

nwaonline.com/email



ARKANSAS ALUMNI ASSOCIATION

Alumni & Friends Member Perks

- Receive \$10 off annual OLLI dues
- Shop & Save with thousands of nationwide discounts on everyday expenses, travel & gifts
- Socialize through alumni groups and 200+ events throughout the year
- Stay informed with ARKANSAS magazine, a quarterly publication

Annual Membership \$55

Golden Grads \$35
(40+ yrs. since graduation)

Recent Grads \$35
(last 5 graduating classes)

Life Membership \$1,000

Golden Grads \$500
(40+ yrs. since graduation)



Travel with Razorbacks on Tour!
arkansasalumni.org/tours



**ARKANSAS
ALUMNI**

RAZORBACKS ON TOUR

**OLLI MEMBERS
GET AN ANNUAL
UREC MEMBERSHIP
AT A DISCOUNTED
RATE OF \$203!**

CALL 479.575.4646 TO JOIN TODAY



**“Live Well.
Learn Forever.”**

OLLI UA STAFF

Josh Raney
Director

Sandra Sawyer
Assistant Director

ADVISORY COUNCIL

Chair: Ken Allen
MEMBERS

RoAnne Elliot
Alishia Ferguson
Marilyn Heifner
Jay “Rick” Jones
Karen Smenner

**CURRICULUM
COMMITTEE**

Chair: RoAnne Elliot
MEMBERS

Trisha Beland
Malcolm Cleaveland
Clarice Cox
Hugh Earnest
Fred Paillet
Vis Viswanathan

**DEVELOPMENT
COMMITTEE**

MEMBERS
Alishia Ferguson

**MEMBERSHIP/
MARKETING
COMMITTEE**

MEMBERS

Ken Allen
Essie Anderson
Ross Hooper
John Knapp
Bill Lunsford

**SOCIAL
COMMITTEE**

Chair: Karen Smenner
MEMBERS

Carolyn Brooks
Jenny Coogan
Rita Daniel
Marv Wiseman



Teach a Class!



WHY TEACH AN OLLI UA COURSE?

“The classes are simple, fun, and comfortable. The settings are informal, friendly and exciting. To me, it’s the ideal learning experience, and once you’ve taught one, you want to teach more and more classes.”

- Dr. Tom Paradise, University of Arkansas Professor of Geosciences in the J. William Fulbright College of Arts & Sciences

Share your knowledge and experience with an audience that is hungry for learning and lively discussion. Current and retired university faculty, distinguished community members, business leaders, hobbyists and others are invited to share their knowledge on a wide variety of thought provoking topics guided by member interest.

Whether it be a multi-session course, hands on workshop, ongoing study group, or a one-time lecture, hike or walking tour, the OLLI Curriculum Committee is seeking knowledgeable, passionate, and engaging individuals to offer classes.

Currently OLLI is offering classes in three formats: In person, virtually via Zoom, and a Hybrid combination to accommodate both in person and online participants simultaneously. Training and resources for all formats are offered and available on our website.

Teaching a class with OLLI is a great way to share your expertise, highlight your business or industry, or share your love for a topic with other like-minded individuals. If you are interested in learning more about teaching opportunities with OLLI – U of A, visit our website (olli.uark.edu/participate/teach). There you will find information on teaching opportunities as well as the course proposal form. Proposals are accepted for the fall and spring semesters.

The deadline is April 30 for fall proposals and Oct. 30 for spring proposals.



UNIVERSITY OF
ARKANSAS

PROFESSIONAL
AND WORKFORCE
DEVELOPMENT

YOU'RE IN IT FOR THE LOVE OF LEARNING, WE'RE IN IT FOR YOU.



training.uark.edu

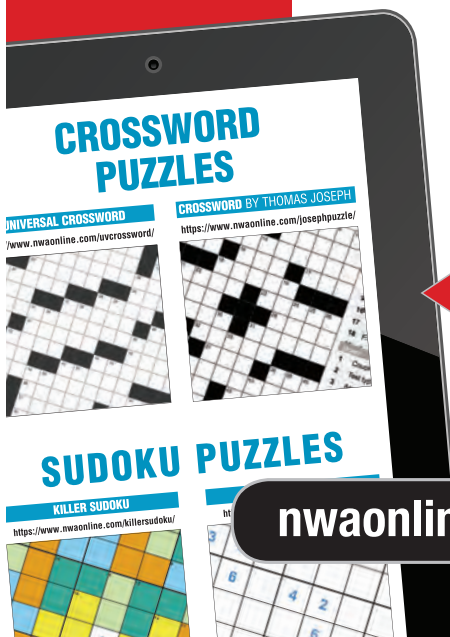
   @UARKTraining

Your subscription includes full access to the digital replica with all of its great extra features!

INTERACTIVE PUZZLES!

Available on the digital replica!

NORTHWEST ARKANSAS
**Democrat
& Gazette**



Subscribe today and receive an iPad with your subscription*.

Call 479-684-5509 or visit

nwaonline.com/nwaipad

*iPad must be returned within 30 days of termination of account.

Get Active With OLLI



"The hikes are always so much fun. I have never been disappointed and always learn something from the instructor as well as my fellow hikers."

Activity Levels for OLLI Courses

OLLI Program Activity Levels are designed with our members in mind. Below is a description of the activity levels that we use for our Out & About Series or other programs that may require physical activity.*

- LEVEL 1** Members must be able to climb a few stairs.
- LEVEL 2** In addition to Level 1, members must be able to stand up for an hour and get on and off a 15 passenger van / motor coach.
- LEVEL 3** In addition to Levels 1 & 2, members must be able to climb a few flights of stairs and walk over uneven surfaces.
- LEVEL 4** In addition to Levels 1 – 3, members must be in good health, mobile and able to participate in 3 to 5 hours of physical activity per day and walk up to 3 miles over uneven ground.
- LEVEL 5** In addition to Levels 1 – 4, members must be in excellent health, extremely mobile and have an active lifestyle.

*Disclaimer: OLLI at UA is not responsible for any damage or personal injury sustained when a member is participating in any OLLI sponsored activity on or off the UA campus.

Ozark Living

Real Estate Magazine

Pick up a free copy of Ozark Living at area magazine racks or visit

www.ozarkliving.com



Volunteers Needed!



Osher Institutes are volunteer driven organizations!

All Osher Institutes are volunteer driven organizations! OLLI - U of A is no different. Our staff is dedicated, but small, and volunteers are vital to the success, quality and sustainability of the institute's programs.

This spring, volunteers are more important than ever, as we strive to offer high quality and engaging classes in a safe environment. Your time, talents, and resources are valuable and greatly appreciated as we adapt to new ways of lifelong learning.

This spring we are in high need of the following volunteer roles:

CLASS AMBASSADORS: Volunteering as a Course Ambassador provides much needed support to our instructors, staff and participants by helping ensure that all feel safe and have a high quality experience. Activities may include, greeting participants, introducing instructors, making program announcements and cleaning/sanitizing before and after the class. OLLI in person classes will have limited attendees and safety guidelines.

ZOOM MODERATORS: To enhance the quality of OLLI's virtual classes, Zoom moderators are needed to support the instructor and participants. Activities on Zoom may include admitting participants, introducing the instructor, monitoring chat or providing general support.

HYBRID CLASS MODERATORS: Hybrid classes allow OLLI to provide an in person and virtual experience for participants simultaneously. Moderators of these classes are asked to do a combination of the roles above. Experience with audio/visual technology is helpful.

OLLI Class Volunteers receive free entry into each class for which they volunteer. Training and support is provided in advance of volunteering.

If you have interest in volunteering in one of these roles, or would like to help in other ways, please contact us at (479)575-4545 or olli@uark.edu



Your pharmacy since 1917.

Nine locations in Northwest Arkansas to serve you.

1.888.237.6261
www.collierdrug.com




*The **College of Education and Health Professions** is proud to work with the **Osher Lifelong Learning Institute** to provide educational programs and opportunities for the community.*

*Membership in **OLLI** has advantages for area residents with exclusive services, discounts and priority registration. Learn more at olli.uark.edu.*



UNIVERSITY OF ARKANSAS | College of Education & Health Professions



Classes by Category

ART & ARCHITECTURE

- Arkansas' Most Endangered Places.....28
- Leonardo da Vinci: The Shaping of an Artistic Genius.....31
- Rome of the Popes: Architecture, History and Intrigue.....25
- Vincent!.....18

FOOD & BEVERAGE

- Brewing Beer28
- DIO: Fossil Cove Brewery.....28
- DIO: Mockingbird Kitchen.....27
- DIO: Sassafras Winery.....27
- Virtual Cheese 101.....27
- Virtual Cheesemaking: Ricotta and Paneer.....25

GOVERNMENT, POLITICS & ECONOMICS

- Driving: What Cars Tell Us About Our Society and Ourselves33
- Economics of Slavery31
- Follow the Money: Financing the November 2020 Campaigns32
- Great Decisions.....26
- How to Avoid Scams and Identity Theft19
- The World and You. How Global Challenges Shape Our Lives.....27
- Understanding the Arkansas Criminal Justice System 101.....33

HEALTH & WELL-BEING

- Covid Data: Where to Find the Numbers to Keep You and Your Family Safe.....19
- Eat Your Way to a Healthier Brain.....27

- How to Treat Pressure Points at Home.....19
- Let's Get Healthy - Naturally.....33
- Love and Compassion.....19
- Taking Charge of Your Life Holistically33
- The Joy of a Good Bird Walk.....30
- What's the Big Deal About Gut Health?.....31
- Women's Meditation for Hormonal Balance27
- Yoga for Healthy Aging25
- Your Face Through the Ages33

HIKES

- Chasing Waterfalls: Kings River Falls.....29
- Chasing Waterfalls: The Glory Hole26
- Hikes Near You: Lincoln Lake.....28
- Ozark Wildflower Hike.....28

HISTORY

- Arkansas Indigenous People of the Mississippian Culture.....26
- Arkansas' Most Endangered Places.....28
- Early Christian Churches and Towns East of the Jordan River.....28
- Erin go Bragh! A Short History of Ireland31
- Highball- The Railroads of Branson, Missouri.....32
- Hipbillies29
- Mount Sequoyah - 99 Years and Counting.....26
- Nelson Hackett: Escaping Slavery in Fayetteville, 1841-184325
- Rome of the Popes: Architecture,

- History and Intrigue.....25
- Tawdry Tales of the First Ladies...25

LITERATURE

- Louise Glück: Nobel Prize Winner26
- *Midaq Alley*: A Classic Egyptian Novel26
- Translating a Brazilian Modernist Classic: *Sao Bernardo*, by Graciliano Ramos.....29
- (Un) Happily Ever After: The Evolution of the Fairy Tale31

PHILOSOPHY & RELIGION

- Ancient Wisdom for the Modern World18
- The Gospel According to Bruce Springsteen18
- The Rise and Establishment of Western Christendom.....18
- What is Courage?34

PHOTOGRAPHY

- Artistic Camera Effects32
- Creative Photoshop19
- Portrait Photography.....29
- Right Brain Photography33

SCIENCE & NATURE

- All About Bears and Polar Bears vs. Climate Change.....27
- Beginner/Novice Bird Walk32
- Citizen Science Needs YOU!19
- Controlling Invasive Plants.....31
- Countering Misinformation by Better Understanding the Science of Climate Change.....18
- Disappearing Ground: Sinkholes, Caves, Karsts26
- Growing Organic in NW Arkansas.....30
- Introduction to Wildflower Identification.....30

- Invasive Plant Identification31
- Making Ripples: Sharing Our Journey to Preserve History and Ecology.....30
- Native Plant Ecology.....29
- Tales of the Quantum.....28
- Take a Walk on the Wild Side - In Russia!.....33
- Winter Tree Identification - The Really Tough Nuts to Crack.....19

SPACE & PLANETARY

- Are We Alone? Life and Intelligence in the Universe.....32

SPECIAL INTEREST

- Education for All.....32
- Inside the Farm30
- The Art of Entertaining and Being Entertained32
- The Long Arm of COVID-19.....28
- University of Arkansas Welcomes the World30
- Zoom: The Basics & Some Pro Tips18

SUSTAINABILITY

- Adventures in Sustainability.....18
- Making Ripples: Sharing Our Journey to Preserve History and Ecology.....30

THEATRE, FILM & MUSIC

- Our Own Sweet Sounds: An Overview of Famous Arkansas Musicians34
- Swing Music Through the Great Depression, WWII and Beyond25

TOURS & TRIPS

- A Roaring Fun-Filled Day.....31
- Blooming Spring in the Ozarks29
- Touring With the Cats34

Classes At A Glance

4 WAYS TO REGISTER! **1. ON-LINE** olli.uark.edu **2. PHONE** 479-575-4545 **3. IN PERSON** OLLI office Mon.-Fri., 9:00 am-3:30 pm **4. MAIL** OLLI, 211 E. Dickson St., Fayetteville, AR 72701

FORMAT KEY ■ = In-Person Only | ● = Virtual Only | ▲ = Choice of In-Person or Virtual

*Cost for OLLI members **Cost for Non OLLI members

BEGIN DATE	DAY	TIME	LOCATION	COURSE	SESSIONS	COST*	COST**	PG #
2/9/21	Tue	10:00 AM	● Virtual	The Gospel According to Bruce Springsteen	3	\$35	\$50	18
2/12/21	Fri	9:00 AM	● Virtual	Countering Misinformation by Better Understanding the Science of Climate Change	1	\$25	\$40	18
2/12/21	Fri	1:30 PM	▲ Drake	The Rise and Establishment of Western Christendom	3	\$35	\$50	18
2/13/21	Sat	11:00 AM	● Virtual	Adventures in Sustainability	7	\$65	\$80	18
2/15/21	Mon	9:00 AM	▲ Drake	Ancient Wisdom for the Modern World	3	\$39	\$54	18
2/15/21	Mon	2:00 PM	● Virtual	Zoom - The Basics & Some Pro tips	1	Free	Free	18
2/16/21	Tue	10:00 AM	■ Drake	Vincent!	1	\$35	\$50	18
2/17/21	Wed	10:00 AM	● Virtual	Covid Data: Where to Find The Numbers to Keep You and Your Family Safe	1	\$19	\$34	19
2/17/21	Wed	1:00 PM	● Virtual	Citizen Science Needs YOU!	1	\$19	\$34	19
2/18/21	Thu	10:00 AM	■ Mt. Kessler	Winter Tree Identification- The Really Tough Nuts to Crack	1	\$25	\$40	19
2/19/21	Fri	9:30 AM	● Virtual	Love and Compassion	1	\$19	\$34	19
2/23/21	Tue	2:00 PM	● Virtual	How to Avoid Scams and Identity Theft	1	\$19	N/A	19
2/24/21	Wed & Fri	1:00 PM	■ Mt. Sequoyah	Creative Photoshop	6	\$89	\$104	19
2/25/21	Thu	11:30 AM	● Virtual	How to Treat Pressure Points at Home	1	\$19	\$34	19
2/25/21	Thu	3:00 PM	● Virtual	Nelson Hackett: Escaping Slavery in Fayetteville, 1841-1843	1	\$19	\$34	25
2/26/21	Fri	10:00 AM	● Virtual	Rome of the Popes: Architecture, History, and Intrigue	1	\$29	\$44	25
3/1/21	Mon	2:00 PM	▲ Drake	Swing Music Through the Great Depression, WWII, and Beyond	3	\$49	\$64	25
3/2/21	Tue	10:30 AM	● Virtual	Tawdry Tales of Our First Ladies	4	\$29	\$44	25
3/2/21	Tue	1:30 PM	● Virtual	Virtual Cheesemaking: Ricotta & Paneer	1	\$55	\$70	25
3/3/21	Wed	9:00 AM	● Virtual	Yoga for Healthy Aging	6	\$59	\$74	25
3/3/21	Wed	10:00 AM	■ Drake	Great Decisions	8	\$85	N/A	26
3/4/21	Thu	10:00 AM	■ Drake	Disappearing Ground: Sinkholes, Caves, Karst	1	\$29	\$44	26
3/4/21	Thu	1:30 PM	■ Mt. Sequoyah	Mount Sequoyah - 99 Years and Counting	1	\$25	\$40	26
3/8/21	Mon	11:00 AM	■ Drake	Arkansas Indigenous People of the Mississippian Culture	1	\$25	\$40	26
3/9/21	Tue	1:30 PM	■ Drake	<i>Midaq Alley</i> : A Classic Egyptian Novel	2	\$39	\$54	26
3/11/21	Thu	8:30 AM	■ Deer, AR	Chasing Waterfalls: The Glory Hole	1	\$25	\$40	26

Classes At A Glance

4 WAYS TO REGISTER! **1. ON-LINE** olli.uark.edu **3. IN PERSON** OLLI office Mon.-Fri., 9:00 am-3:30 pm
2. PHONE 479-575-4545 **4. MAIL** OLLI, 211 E. Dickson St., Fayetteville, AR 72701

FORMAT KEY ■ = In-Person Only | ● = Virtual Only | ▲ = Choice of In-Person or Virtual

*Cost for OLLI members **Cost for Non OLLI members

BEGIN DATE	DAY	TIME	LOCATION	COURSE	SESSIONS	COST*	COST**	PG #
3/11/21	Thu	1:00 PM	● Virtual	Louise Glück: Nobel Prize Winner	2	\$25	\$40	26
3/12/21	Fri	10:00 AM	■ Mt. Sequoyah	Women's Meditation for Hormonal Balance	4	\$59	\$74	27
3/15/21	Mon	11:30 AM	● Virtual	Eat Your Way to a Healthier Brain	1	\$19	\$34	27
3/16/21	Tue	2:00 PM	■ Sassafras	DIO-Sassafras Winery	1	\$29	N/A	27
3/17/21	Wed	11:30 AM	■ Mockingbird	DIO-Mockingbird Kitchen	1	\$29	N/A	27
3/18/21	Thu	10:00 AM	■ Drake	All About Bears and Polar Bears Versus Climate Change	1	\$25	\$40	27
3/19/21	FRI	1:30 PM	● Virtual	Virtual Cheese 101	1	\$55	\$70	27
3/22/21	Mon	9:00 AM	● Virtual	The World and You. How Global Challenges Shape Our Lives.	2	\$25	\$40	27
3/23/21	Tue	2:30 PM	■ Fossil Cove Brewery	DIO: Fossil Cove Brewery	1	\$29	N/A	28
3/25/21	Thu	9:30 AM	■ Lincoln Lake	Hikes Near You: Lincoln Lake	1	\$25	\$40	28
3/25/21	Thu	1:30 PM	● Virtual	Arkansas's Most Endangered Historic Places	1	\$19	\$34	28
3/29/21	Mon	10:30 AM	■ Boston Mtn Brewery	Brewing Beer	1	\$35	\$50	28
3/30/21	Tue	10:00 AM	● Virtual	The Long Arm of COVID-19	1	\$19	\$34	28
4/1/21	Thu	9:00 AM	● Virtual	Tales of the Quantum	5	\$39	\$54	28
4/1/21	Thu	1:00 PM	■ Ozark Natural Science Center	Ozark Wildflower Hike	1	\$39	\$54	28
4/2/21	Fri	10:00 AM	▲ Drake	Early Christian Churches and Towns East of the Jordan River	2	\$35	\$50	28
4/5/21	Mon	8:30 AM	■ Mt Magazine	Blooming Spring in the Ozarks	1	\$25	\$40	29
4/5/21	Mon	2:00 PM	● Virtual	Translating a Brazilian Modernist Classic: <i>Sao Bernardo</i> , by Graciliano Ramos	1	\$21	\$36	29
4/6/21	Tue	1:00 PM	● Virtual	Hipbillies	1	\$25	\$40	29
4/7/21	Wed	8:30 AM	■ Kings River	Chasing Waterfalls: Kings River Falls	1	\$25	\$40	29
4/7/21	Wed & Fri	10:00 AM	■ Mt. Sequoyah	Portrait Photography	6	\$69	\$84	29
4/8/21	Thu	1:00 PM	● Virtual and ■ at Lake Fay	Native Plant Ecology	2	\$19	\$34	29
4/9/21	Fri	1:00 PM	■ Drake	University of Arkansas Welcomes the World	1	\$15	\$30	30

Classes At A Glance

4 WAYS TO REGISTER! **1. ON-LINE** olli.uark.edu **3. IN PERSON** OLLI office Mon.-Fri., 9:00 am-3:30 pm
2. PHONE 479-575-4545 **4. MAIL** OLLI, 211 E. Dickson St., Fayetteville, AR 72701

FORMAT KEY ■ = In-Person Only | ● = Virtual Only | ▲ = Choice of In-Person or Virtual

*Cost for OLLI members **Cost for Non OLLI members

BEGIN DATE	DAY	TIME	LOCATION	COURSE	SESSIONS	COST*	COST**	PG #
4/12/21	Mon	10:30 AM	■ Riverside Specialty Farms	Growing Organic in NW Arkansas	1	\$25	\$40	30
4/12/21	Mon	1:00 PM	● Virtual and ■ at BGO	The Joy of a Good Bird Walk	2	\$35	\$50	30
4/13/21	Tue	1:00 PM	■ The UofA Farm	Inside the Farm	1	\$25	\$40	30
4/16/21	Fri	1:00 PM	● Virtual	Introduction to Wildflower Identification	1	\$29	\$44	30
4/17/21	Sat	1:00 PM	● Virtual and ■ Johnson Farm	Making Ripples: Sharing Our Journey to Preserve History and Ecology	2	\$29	\$44	30
4/19/21	Mon	9:00 AM	● Virtual	Erin go Bragh! A Short History of Ireland	2	\$25	\$40	31
4/19/21	Mon	1:00 PM	● Virtual	Economics of Slavery	2	\$25	\$40	31
4/20/21	Tue	9:00 AM	■ Drake & O/S	Invasive Plant Identification	1	\$29	\$44	31
4/20/21	Tue	1:30 PM	● Virtual	(Un)Happily Ever After: The Evolution of the Fairy Tale	5	\$49	\$64	31
4/21/21	Wed	11:30 AM	● Virtual	What's the Big Deal About Gut Health?	1	\$19	\$34	31
4/22/21	Thu	1:00 PM	● Virtual	Leonardo da Vinci: The Shaping of an Artistic Genius	5	\$55	\$70	31
4/22/21	Thu	8:30 AM	■ River State Park	A Roaring Fun-Filled Day	1	\$25	\$40	31
4/27/21	Tue	9:30 AM	● Virtual	Controlling Invasive Plants	1	\$25	\$40	31
4/28/21	Wed	8:30 AM	■ TBD	Beginner/Novice Bird Walk	1	\$25	\$40	32
4/28/21	Wed	10:00 AM	■ Mt. Sequoyah	Artistic Camera Effects	6	\$69	\$84	32
4/30/21	Fri	9:00 AM	● Virtual	Follow the Money: Financing the November 2020 Campaigns	5	\$29	\$44	32
5/3/21	Mon	9:00 AM	● Virtual	Are We Alone? Life and Intelligence in the Universe	3	\$25	\$40	32
5/4/21	Tues	8:30 AM	■ CofO	Education for All	1	\$25	\$40	32
5/4/21	Tue,Wed, &Thu	10:00 AM	● Virtual and ■ at O/S	The Art of Entertaining and Being Entertained	3	\$45	\$60	32
5/7/21	Fri	1:00 PM	■ Mt. Sequoyah & Branson	Highball- The Railroads of Branson, Missouri	2	\$65	\$80	32
5/10/21	Mon	9:00 AM	■ O/S	Let's Get Healthy, Naturally	1	\$25	\$40	33

Classes At A Glance

4 WAYS TO REGISTER! **1. ON-LINE** olli.uark.edu **2. PHONE** 479-575-4545 **3. IN PERSON** OLLI office Mon.-Fri., 9:00 am-3:30 pm **4. MAIL** OLLI, 211 E. Dickson St., Fayetteville, AR 72701

FORMAT KEY ■ = In-Person Only | ● = Virtual Only | ▲ = Choice of In-Person or Virtual *Cost for OLLI members **Cost for Non OLLI members

BEGIN DATE	DAY	TIME	LOCATION	COURSE	SESSIONS	COST*	COST**	PG #
5/11/21	Tue	10:00 AM	▲ Drake	Driving: What Cars Tell Us About Our Society and Ourselves	4	\$45	\$60	33
5/12/21	Wed	1:30 PM	■ Mt. Sequoyah	Taking Charge of Your Life Holistically	3	\$19	\$34	33
5/13/21	Thu	11:00 AM	▲ Drake	Understanding the Arkansas Criminal Justice System 101	4	\$45	\$60	33
5/17/21	Mon	1:30 PM	■ Mt. Sequoyah	Your Face Through the Ages	1	\$19	\$34	33
5/27/20	Thu	1:00 PM	● Virtual	Right Brain Photography	3	\$55	\$70	33
6/1/21	Tue	1:00 PM	▲ Drake	Take A Walk on the Wild Side - In Russia!	1	\$25	\$40	33
6/7/21	Mon	9:30 AM	■ Drake	Our Own Sweet Sounds: An Overview of Famous Arkansas Musicians	2	\$29	\$44	34
6/9/21	Wed	9:00 AM	■ E/S	Touring With the Cats	1	\$45	\$60	34
6/10/21	Thu	10:00 AM	■ Drake	What is Courage?	1	\$29	\$44	34

Safety Guidelines for In-Person Activities



To protect the health and safety of our members, staff and community, the following guidelines are required.

■ Participation will be limited to one-third the capacity of the room/venue. For instance, a space that could hold 45 participants in a normal setting, would be limited to

a maximum capacity of 15.

■ All participants, instructors and staff must observe social distancing of at least 6 ft from others. Seating will be appropriately spaced to adhere to social distancing protocol.

■ Face coverings must be worn at all times and in any public environments where social distancing may be difficult to maintain.

■ The institute expects the OLLI community to provide their own personal face coverings. Those not complying with use of face coverings will be asked to leave and return with a face covering.

■ Only personal beverages are allowed in classrooms. No food items are allowed.

■ Participants will be asked to use the provided sanitation stations.

■ Classrooms and meeting spaces will be cleaned and sanitized between activities and daily.

Who Should NOT Attend In-Person Classes and Other Activities:

- Anyone exhibiting symptoms of illness — if you are not feeling well, stay home and call your medical provider or Pat Walker Health Center.
- Anyone recently diagnosed with COVID-19 in the previous 14-days.*
- Anyone who has had contact with a person with a confirmed case of COVID-19 and who has not received approval from ADH to return.
- Anyone arriving from an international destination or CDC/ADH-identified hot spot who has not contacted ADH and completed the mandated 14-day self-quarantine.
- Non-essential visitors and guests

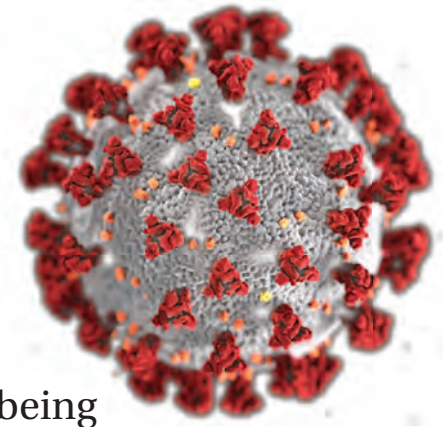
All protocols are per the guidance of the CDC, AR Dept. of Health and the University of Arkansas.



OLLI Online Learning



Note on Class Availability Due to Covid-19



Due to the ongoing pandemic, all classes and activities are susceptible to being moved to an online format, or possibly cancelled. Changes in the class schedule or format will be announced in the weekly e-newsletters and on the website.

To stay updated, call 479-575-4545 or email olli@uark.edu.

Videoconferencing allows us to connect “live” during a time when we are all staying at home.

**“I Love it! I think that Zoom is an excellent way to experience learning and sharing thoughts with others during this time.”
- OLLI Class Participant**

This technology creates a space for social connections, entertainment and continued learning. Zoom is the supported platform by OLLI - U of A for all courses delivered online/virtually. Zoom – a popular, free video conferencing platform, that provides high quality, interactive, online learning capabilities. It features video and audio conferencing as well as collaboration tools and resources. It is a fantastic way to attend classes and activities safely and from the comfort of your home.

Throughout the spring term, OLLI is offering a number of opportunities to learn about Zoom through workshops and weekly training sessions, as well as online resources. These tools cover the basic functionality of the platform along with tutorials of all Zoom features and even a few pro-tips to help you engage in your remote OLLI sessions and get the most out of your classes.

To learn more about OLLI’s online learning platform visit olli.uark.edu and click on “Classes”.

OLLI U of A Partners



MUSIC FOR OLLI

OLLI member discounts at all UAMusic events and select CMS programs.*

* Due to Covid-19, watch our site for schedule updates.

music.uark.edu | cms.uark.edu

UAMusic Community Music School

THE GOSPEL ACCORDING TO BRUCE SPRINGSTEEN

DESCRIPTION: New Jersey born singer-songwriter Bruce Springsteen (b. 1949) has rocked audiences worldwide since his breakout album *Born To Run* (1975) and was catapulted into superstardom with *Born In The U.S.A.* (1984) when he challenged an American patriotism that neglected America's Vietnam veterans. Since then Springsteen, a self-proclaimed lapsed Catholic, has championed social justice while singing out on behalf of refugees, migrants, AIDS victims, day laborers, the chronically poor, and other oppressed groups. This course offers a close examination of Springsteen's lyrics and music (ca 1970 to 2020), explores his Catholic background, and discusses how these intersect with Christ's instruction to take care of "the least of these" (Matthew 25:40). Session 1: Making the Sacred Profane and the Profane Sacred; Session 2: "And I believe in the Promised Land"; and Session 3: "There's a New World Coming, I can see the light." Join us, listen, and experience for yourself "the power, the glory, (and) the ministry of rock 'n' roll" in Springsteen's music.

INSTRUCTOR: Spencer Allen

DAY/DATE: Tuesdays, 2/9/21 - 2/23/21 (3)

TIME: 10:00 AM - 12:00 PM

FORMAT: ● Virtual

LOCATION: Via Zoom

COST: \$35 OLLI Member
\$50 Non-OLLI Member

COUNTERING MISINFORMATION BY BETTER UNDERSTANDING THE SCIENCE OF CLIMATE CHANGE

DESCRIPTION: Climate change science has evolved from physical and biological scientific knowledge acquired over centuries. There is broad consensus among researchers of the causes and potential impacts of climate change to our society. Yet, it's one branch of natural sciences that is often discredited and misinformation

abounds. In this course, Katia Fernandes, Assistant Professor of Geosciences at the U of A, gives an introduction to climate change science and how a warming world can impact society. Both areas will be presented along with common misconceptions that can cloud our interpretation of facts.

INSTRUCTOR: Katia Fernandes

DAY/DATE: Friday, 2/12/21 (1)

TIME: 9:00 AM - 11:00 AM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$25 OLLI Member
\$40 Non-OLLI Member

THE RISE AND ESTABLISHMENT OF WESTERN CHRISTENDOM

DESCRIPTION: Join Phil Butin, Co-Pastor of First United Presbyterian Church in Fayetteville, as he examines and discusses the worship, practices and beliefs of major branches of the Christian movement from the rise of Constantine to the papacy of Leo the Great.

INSTRUCTOR: Philip W. Butin

DAY/DATE: Fridays, 2/12/21 - 2/26/21 (3)

TIME: 1:30 PM - 3:30 PM

FORMAT: Hybrid

LOCATION: Drake

COST: \$35 OLLI Member
\$50 Non-OLLI Member

ADVENTURES IN SUSTAINABILITY

DESCRIPTION: Sustainability is the capacity of a closed system, such as our planet, to continue its existence in perpetuity. It is the ability to meet our own needs, without diminishing future generations ability to meet theirs as well. Adventures in Sustainability is a seven-class course, brought to you by Steve Miskiel, an Interim Director for Eureka Springs Parks and Recreation. In this course he explores various facets of sustainability. Topics that will be covered in the course are as follows: What is Sustainability and why is it essential; How unsustainable is

our current paradigm; Permaculture is one roadmap to sustainability; Sustainable food systems; Sustainable housing; Sustainable energy and transportation; An examination of cultures that have collapsed, and a few that have survived; Conclusion and a call to action.

INSTRUCTOR: Steve Miskiel

DAY/DATE: Saturday, 2/13/21 - 3/27/21 (7)

TIME: 11:00 AM - 12:00 PM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$65 OLLI Member
\$80 Non-OLLI Member

ANCIENT WISDOM FOR THE MODERN WORLD

DESCRIPTION: Cautionary tales and pieces of advice exist today in children's books, movies, and games to teach them valuable lessons they can start using at a young age. Children learn things like to never give up, that there is always a way, to never underestimate themselves, and many more lessons that help them grow into confident and successful adults. This is not a new concept; civilizations have been doing this for centuries! In this course Joshua Bland, the Director of Missions and Outreach at First Church of Springdale, will explore a classic collection of Roman proverbs used to teach children. Together we will seek to understand what these sayings meant to their original audience and what we can learn from them today.

INSTRUCTOR: Joshua Bland

DAY/DATE: Mondays, 2/15/21 - 3/1/21 (3)

TIME: 9:00 AM - 11:00 AM

FORMAT: ▲ Hybrid

LOCATION: Drake

COST: \$39 OLLI Member
\$54 Non-OLLI Member

ZOOM-THE BASICS & SOME PRO TIPS

DESCRIPTION: Videoconferencing allows us to connect "live" during a time when we are all staying at home. This technology creates a space for social con-

nections, entertainment and continued learning. Zoom is the platform used by OLLI for all courses delivered remotely. This 1 to 1.5 hour live stream session will cover the basics of Zoom – a popular, free videoconferencing platform. The basic functionality of the platform along with a walk through all Zoom features and a few pro-tips will help you to engage in your remote OLLI sessions and get the most out of your classes. The presenter will remain on Zoom with you until all your questions are answered.

INSTRUCTOR: Alishia Ferguson

DAY/DATE: Monday, 2/15/21 (1)

TIME: 2:00 PM - 3:30 PM

FORMAT: ● Virtual

LOCATION: Via Zoom

COST: FREE OLLI Member
FREE Non-OLLI Member

VINCENT!

DESCRIPTION: Van Gogh is among the world's most well-known and influential artists. What makes his works so engaging? Was he a madman or a genius? Are the stories about Van Gogh fact or fiction? This course offers a brief but broad overview of his life and works, and a hands-on opportunity to try his techniques. We will virtually tour the Van Gogh Museum, explore Vincent's use of emotion and his fascination with Japanese art, examine his tumultuous relationship with the artist Paul Gauguin, and discuss the famous "ear incident." The class will then attempt Van Gogh's basic techniques for drawing sunflowers, with instructor demonstration. Vincent was also famous for his many self-portraits, so students can give that a try, too.

Paper, pencil and charcoal will be provided.

INSTRUCTOR: Teresa Bevis

DAY/DATE: Tuesday, 2/16/21 (1)

TIME: 10:00 AM - 12:00 PM

FORMAT: ■ In person only

LOCATION: Drake

COST: \$35 OLLI Member
\$50 Non-OLLI Member

COVID DATA: WHERE TO FIND THE NUMBERS TO KEEP YOU AND YOUR FAMILY SAFE

DESCRIPTION: As the pandemic continues, we learn more and more about the virus and how to protect ourselves and family from it. We know wearing a mask, staying 6 feet apart, and washing our hands frequently can help reduce our risk of catching COVID-19. Staying up to date on the latest data on COVID-19 cases in your area can be another tool to keep yourself safe. Participants will hear from the staff at ArkansasCovid.com, as they discuss how they gather and distribute the daily data on COVID-19 cases in Arkansas. They will also answer questions you may have about the data and its limitations. Stay safe, healthy, and updated with this course.

Participants are advised to read arkansas-covid.com and your newspaper regarding the latest on the pandemic before attending the course session.

INSTRUCTOR: Rob Wells, Ph.D.

DAY/DATE: Wednesday, 2/17/21 (1)

TIME: 10:00 AM - 12:00 PM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$19 OLLI Member
\$34 Non-OLLI Member

CITIZEN SCIENCE NEEDS YOU!

DESCRIPTION: Think you need a degree in science to contribute to important scientific discoveries? Think again. Citizen scientists are challenging old notions about who can conduct research, where knowledge can be acquired, and even how solutions to some of the most complex biomedical challenges may be found. In this class we'll help you discover interesting and exciting ways to explore and contribute to science from your computer, from your own home, or from nature. There are literally hundreds of projects seeking volunteers to contribute through transcription, data collection, observation, or even playing games.

Each participant will receive a pdf document listing links as well as short descriptions of some of the many active oppor-

tunities. With Citizen Science, there is something for every interest, every age.

INSTRUCTOR: Lynne H. Hehr

DAY/DATE: Wednesday, 2/17/21 (1)

TIME: 1:00 PM - 4:00 PM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$19 OLLI Member
\$34 Non-OLLI Member

WINTER TREE IDENTIFICATION- THE REALLY TOUGH NUTS TO CRACK

DESCRIPTION: Mother Nature's great catch 22 is that guidebook tree ID is most often based on leaf shape, yet we get our unobstructed views of trees in the winter when their leaves are entirely missing. The conundrum is especially severe in the case of tree families like the oaks with numerous related species that can be hard for the expert to tell apart. Early pioneers were closely attuned to the distinction among such trees in terms of their ecological requirements that informed homesteaders of the productivity of land parcels they were about to select. In this class we will deal with the truly hard-core cases of winter trees: oaks, hickories, ashes and elms. Such details as bark texture, bud shape, crown form and branch pattern can be combined to provide positive identification in almost all cases. In this class you will learn a few basic tree identification skills that you can use for years to come to impress your fellow outdoor adventurers with your tree identification wizardry.

Participants to meet at Mt. Kessler (2600 WC 200, Fayetteville, AR 72701) for class.

INSTRUCTOR: Fred Paillet

DAY/DATE: Thursday, 2/18/21 (1)

TIME: 10:00 AM - 12:00 PM

FORMAT: ■ In person only

LOCATION: Mt. Kessler

COST: \$25 OLLI Member
\$40 Non-OLLI Member

LOVE AND COMPASSION

DESCRIPTION: This will be a remote course where we will connect through online resources. Tibetan history is an

extraordinary blend of conquest and retreat, but when Buddhism arrived in Tibet around the 7th century, the country, under the enlightened leadership of three successive kings, gradually withdrew from the Asian world stage and began to cultivate its spiritual discipline. For 2500 years, Buddhist thought and philosophy has occupied a central position among the world religions, and this course, taught by a Tibetan Buddhist monk who has earned the highest degree available in Buddhist studies, will offer a thorough introduction to the central premises of the philosophy. No prior knowledge of Buddhism or Indian philosophy is necessary. Beginning with an analysis of the four fundamental truths known as the *Four Noble Truths* that underlie the entire system of Buddhist thought, students will proceed logically through the major precepts that distinguish the various schools of Buddhism, while concentrating as well on the common doctrines that unite them. Special attention will be given to ethics and argumentation, two subjects that are central to the Tibetan tradition, but the focus of the course will remain on the central teachings of the Buddha and how they are most usefully applied to the dilemmas and challenges posed by contemporary life.

INSTRUCTOR: Geshe Thupten Dorjee

DAY/DATE: Friday, 2/19/21 (1)

TIME: 9:30 AM - 11:30 AM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$19 OLLI Member
\$34 Non-OLLI Member

HOW TO AVOID SCAMS AND IDENTITY THEFT

DESCRIPTION: Scam artists connive and swindle consumers to make a quick profit. Scammers are clever, aggressive and convincing as they prey on senior citizens.

Dianne Bufford with the Attorney General's NWA District Office will review red flags for recent common scams, how to minimize scams and identity theft risk, and file a consumer complaint and other resources. Visit ArkansasAG.gov for more

information.

INSTRUCTOR: Dianne Bufford

DAY/DATE: Tuesday, 2/23/21 (1)

TIME: 2:00 PM - 3:30 PM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$19 OLLI Member Only

CREATIVE PHOTOSHOP

DESCRIPTION: When it comes to taking pictures you know you have done everything right. You've taken classes to learn all the basics and have even practiced what you learned. You've experimented with all kinds of composition tricks and lighting techniques, but despite all of your efforts your pictures still do not look like you want them to. They lack the stunning effect you were going for. So what do you do? Learn the creative filters and what is new in Photoshop 2021! Double exposure in Photoshop and creating montages will be covered in the class by Diana Hausam, a professional photographer and photoshop instructor at NTI, as well as advanced portrait and landscape techniques.

Participants must have or purchase Photoshop (\$9.99/mo. Adobe subscription) for their device.

INSTRUCTOR: Diana Michelle Hausam

DAY/DATE: Wednesdays & Fridays, 2/24/21 - 3/12/21 (6)

TIME: 1:00 PM - 3:00 PM

FORMAT: ■ In person only

LOCATION: Mt. Sequoyah

COST: \$89 OLLI Member
\$104 Non-OLLI Member

HOW TO TREAT PRESSURE POINTS AT HOME

DESCRIPTION: Before you reach for over-the-counter help, try pressure point therapy. Dr. Masters will teach you how to recognize when it is safe to treat yourself and your family with pressure point therapy at home. This course includes an attachment; graphs of safe points to treat for many common pain

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6
8	9 10:00 AM The Gospel According to Bruce Springsteen (Via Zoom)	10	11	12 9:00 AM Countering Misinformation by Better Understanding the Science of Climate Change (via Zoom) 1:30 PM The Rise and Establishment of Western Christendom (Drake)	13 11:00 AM Adventures in Sustainability (via Zoom)
15 9:00 AM Ancient Wisdom for the Modern World (Drake) 2:00 PM Zoom-The Basics & Some Pro Tips (Via Zoom)	16 10:00 AM The Gospel According to Bruce Springsteen (Via Zoom) 10:00 AM Vincent! (Drake)	17 10:00 AM Covid Data: Where to Find The Numbers to Keep You and Your Family Safe (via Zoom) 1:00 PM Citizen Science Needs YOU! (via Zoom)	18 10:00 AM Winter Tree Identification- The Really Tough Nuts to Crack (Mt. Kessler)	19 9:30 AM Love and Compassion (via Zoom) 1:30 PM The Rise and Establishment of Western Christendom (Drake)	20 11:00 AM Adventures in Sustainability (via Zoom)
22 9:00 AM Ancient Wisdom for the Modern World (Drake)	23 10:00 AM The Gospel According to Bruce Springsteen (Via Zoom) 2:00 PM How to Avoid Scams and Identity Theft (via Zoom)	24 1:00 PM Creative Photoshop (Mt. Sequoyah)	25 11:30 AM How to Treat Pressure Points (Zoom) 3:00 PM Nelson Hackett: Escaping Slavery in Fayetteville, 1841-1843 (via Zoom)	26 10:00 AM Rome of the Popes: Architecture, History, and Intrigue (Via Zoom) 1:00 PM Creative Photoshop (Mt. Sequoyah) 1:30 PM The Rise and Establishment of Western Christendom (Drake)	27 11:00 AM Adventures in Sustainability (via Zoom)

CHECK OUT OUR
BLOG POSTS
 @ oli.uark.edu/blog/

Learn more about what goes on in our classes and events by checking out the OLLI blog! Here you will find monthly news, teacher profiles, and commentary on classes & events!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>9:00 AM Ancient Wisdom for the Modern World (Drake)</p> <p>2:00 PM Swing Music Through the Great Depression, WWII, and Beyond (Drake)</p>	<p>2</p> <p>10:30 AM First Ladies (via Zoom)</p> <p>1:30 PM Virtual Cheesemaking: Ricotta & Paneer (Via Zoom)</p>	<p>3</p> <p>9:00 AM Yoga for Healthy Aging (via Zoom)</p> <p>10:00 AM Great Decisions (Drake)</p> <p>1:00 PM Creative Photoshop (Mt. Sequoyah)</p>	<p>4</p> <p>10:00 AM Disappearing Ground: Sinkholes, Caves, Karst (Drake)</p> <p>1:30 PM Mount Sequoyah - 99 Years and Counting (Mount Sequoyah Center)</p>	<p>5</p> <p>1:00 PM Creative Photoshop (Mt. Sequoyah)</p>	<p>6</p> <p>11:00 AM Adventures in Sustainability (via Zoom)</p>
<p>8</p> <p>11:00 AM Arkansas Indigenous People of the Mississippian Culture (Drake)</p> <p>2:00 PM Swing Music Through the Great Depression, WWII, and Beyond (Drake)</p>	<p>9</p> <p>10:30 AM First Ladies (via Zoom)</p> <p>1:30 PM Midaq Alley: A Classic Egyptian Novel (Drake)</p>	<p>10</p> <p>9:00 AM Yoga for Healthy Aging (via Zoom)</p> <p>10:00 AM Great Decisions (Drake)</p> <p>1:00 PM Creative Photoshop (Mt. Sequoyah)</p>	<p>11</p> <p>8:30 AM Chasing Waterfalls: The Glory Hole (Deer, AR)</p> <p>1:00 PM Louise Glück: Nobel Prize Winner (via Zoom)</p>	<p>12</p> <p>10:00 AM Women's Meditation for Hormonal Balance (Mt. Sequoyah)</p> <p>1:00 PM Creative Photoshop (Mt. Sequoyah)</p>	<p>13</p> <p>11:00 AM Adventures in Sustainability (via Zoom)</p>
<p>15</p> <p>11:30 AM Eat Your Way to a Healthier Brain (via Zoom)</p> <p>2:00 PM Swing Music Through the Great Depression, WWII, and Beyond (Drake)</p>	<p>16</p> <p>10:30 AM First Ladies (via Zoom)</p> <p>1:30 PM Midaq Alley: A Classic Egyptian Novel (Drake)</p> <p>2:00 PM DIO-Sassafras Winery (Sassafras Winery)</p>	<p>17</p> <p>9:00 AM Yoga for Healthy Aging (via Zoom)</p> <p>10:00 AM Great Decisions (Drake)</p> <p>11:30 AM DIO-Mockingbird Kitchen (Mockingbird Kitchen)</p>	<p>18</p> <p>10:00 AM All About Bears and Polar Bears versus Climate Change (Drake)</p> <p>1:00 PM Louise Glück: Nobel Prize Winner (via Zoom)</p>	<p>19</p> <p>10:00 AM Women's Meditation for Hormonal Balance (Mt. Sequoyah)</p> <p>1:30 PM Virtual Cheese 101 (Via Zoom)</p>	<p>20</p> <p>11:00 AM Adventures in Sustainability (via Zoom)</p>
<p>22</p> <p>9:00 AM The World and You. How Global Challenges Shape Our Lives. (via Zoom)</p>	<p>23</p> <p>10:30 AM First Ladies (via Zoom)</p> <p>2:30 PM DIO: Fossil Cove Brewery (Fossil Cove Brewery, 1946 N. Birch Ave., Fayetteville)</p>	<p>24</p> <p>9:00 AM Yoga for Healthy Aging (via Zoom)</p> <p>10:00 AM Great Decisions (Drake)</p>	<p>25</p> <p>9:30 AM Hikes Near You: Lincoln Lake (Lincoln, AR)</p> <p>1:30 PM Arkansas's Most Endangered Historic Places (via Zoom)</p>	<p>26</p>	<p>27</p> <p>11:00 AM Adventures in Sustainability (via Zoom)</p>
<p>29</p> <p>9:00 AM The World and You. How Global Challenges Shape Our Lives. (via Zoom)</p> <p>10:30 AM Brewing Beer (Boston Mountain Brewery, Township and Gregg)</p>	<p>30</p>	<p>31</p> <p>9:00 AM Yoga for Healthy Aging (via Zoom)</p> <p>10:00 AM Great Decisions (Drake)</p>	<div style="text-align: center;">  <p>FOLLOW OLLI on social Media</p> <p>Stay up to date on our promotions and giveaways!</p> <p>    @OLLlatUofA </p> </div>		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p>1</p> <p>9:00 AM Tales of the Quantum (via Zoom)</p> <p>1:00 PM Ozark Wildflower Hike (Ozark Natural Science Center)</p>	<p>2</p> <p>10:00 AM Early Christian Churches and Towns East of the Jordan River (Drake)</p> <p>10:00 AM Women's Meditation for Hormonal Balance (Mt. Sequoyah)</p>	<p>3</p>
<p>5</p> <p>8:30 AM Blooming Spring in the Ozarks (Mt Magazine SP)</p> <p>2:00 PM Translating a Brazilian Modernist Classic: Sao Bernardo, by Graciliano Ramos (via Zoom)</p>	<p>6</p> <p>1:00 PM Hipbillies (Via Zoom)</p>	<p>7</p> <p>8:30 AM Chasing Waterfalls: Kings River Falls (Kings River)</p> <p>9:00 AM Yoga for Healthy Aging (via Zoom)</p> <p>10:00 AM Great Decisions (Drake)</p> <p>10:00 AM Portrait Photography (Mt. Sequoyah)</p>	<p>8</p> <p>9:00 AM Tales of the Quantum (via Zoom)</p> <p>1:00 PM Native Plant Ecology (Zoom)</p>	<p>9</p> <p>10:00 AM Early Christian Churches and Towns East of the Jordan River (Drake)</p> <p>10:00 AM Portrait Photography (Mt. Sequoyah)</p> <p>10:00 AM Women's Meditation for Hormonal Balance (Mt. Sequoyah)</p> <p>1:00 PM University of Arkansas Welcomes the World (Drake)</p>	<p>10</p>
<p>12</p> <p>10:30 AM Growing Organic in NW Arkansas (Riverside Specialty Farm)</p> <p>1:00 PM The Joy of a Good Bird Walk (via Zoom)</p>	<p>13</p> <p>1:00 PM Inside the Farm (Farm off Garland)</p>	<p>14</p> <p>10:00 AM Great Decisions (Drake)</p> <p>10:00 AM Portrait Photography (Mt. Sequoyah)</p>	<p>15</p> <p>9:00 AM Tales of the Quantum (via Zoom)</p> <p>1:00 PM Native Plant Ecology (Zoom & Lake Fayetteville)</p>	<p>16</p> <p>10:00 AM Portrait Photography (Mt. Sequoyah)</p> <p>1:00 PM Introduction to Wildflower Identification (via Zoom)</p>	<p>17</p> <p>1:00 PM Making Ripples: Sharing Our Journey to Preserve History and Ecology (1st session)(via Zoom)</p>
<p>19</p> <p>9:00 AM Erin go Bragh! A Short History of Ireland (via Zoom)</p> <p>1:00 PM The Joy of a Good Bird Walk (BGO)</p> <p>1:00 PM Economics of Slavery (via Zoom)</p>	<p>20</p> <p>9:00 AM Invasive Plant Identification (Drake & O/S)</p> <p>1:30 PM (Un)Happily Ever After: The Evolution of the Fairy Tale (via Zoom)</p>	<p>21</p> <p>10:00 AM Great Decisions (Drake)</p> <p>10:00 AM Portrait Photography (Mt. Sequoyah)</p> <p>11:30 AM What's the big Deal About Gut Health? (via Zoom)</p>	<p>22</p> <p>8:30 AM A Roaring Fulfilled Day</p> <p>9:00 AM Tales of the Quantum (via Zoom)</p> <p>1:00 PM Leonardo da Vinci: The Shaping of an Artistic Genius (via Zoom)</p>	<p>23</p>	<p>24</p> <p>1:00 PM Making Ripples: Sharing Our Journey to Preserve History and Ecology (2nd session) (IP: Historic Johnson Farm, CR 202 Fayetteville, Arkansas)</p>
<p>26</p> <p>9:00 AM Erin go Bragh! A Short History of Ireland (via Zoom)</p> <p>1:00 PM Economics of Slavery (via Zoom)</p>	<p>27</p> <p>9:30 AM Controlling Invasive Plants (via Zoom)</p> <p>1:30 PM (Un)Happily Ever After: The Evolution of the Fairy Tale (via Zoom)</p>	<p>28</p> <p>8:30 AM Beginner/Novice Bird Walk (To be determined)</p> <p>10:00 AM Artistic Camera Effects (Mt. Sequoyah)</p>	<p>29</p> <p>9:00 AM Tales of the Quantum (via Zoom)</p> <p>1:00 PM Leonardo da Vinci: The Shaping of an Artistic Genius (via Zoom)</p>	<p>30</p> <p>9:00 AM Follow the Money: Financing the November 2020 Campaigns (via Zoom)</p>	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3 9:00 AM Are We Alone? Life and Intelligence in the Universe (via Zoom)	4 10:00 AM The Art of Entertaining and Being Entertained (Via Zoom) 1:30 PM (Un)Happily Ever After: The Evolution of the Fairy Tale (via Zoom)	5 10:00 AM Artistic Camera Effects (Mt. Sequoyah) 10:00 AM The Art of Entertaining and Being Entertained (Via Zoom)	6 10:00 AM The Art of Entertaining and Being Entertained (TBA) 1:00 PM Leonardo da Vinci: The Shaping of an Artistic Genius (via Zoom)	7 9:00 AM Follow the Money: Financing the November 2020 Campaigns (via Zoom) 1:00 PM Highball- The Railroads of Branson, Missouri (Mt. Sequoyah)	8
10 9:00 AM Are We Alone? Life and Intelligence in the Universe (via Zoom) 9:00 AM Let's Get Healthy, Naturally (0/5)	11 10:00 AM Driving: What Cars Tell Us About Our Society and Ourselves (Drake) 1:30 PM (Un)Happily Ever After: The Evolution of the Fairy Tale (via Zoom)	12 10:00 AM Artistic Camera Effects (Mt. Sequoyah) 1:30 PM Taking Charge of Your Life Holistically (Mt Sequoyah)	13 11:00 AM Understanding the Arkansas Criminal Justice System 101 (Drake) 1:00 PM Leonardo da Vinci: The Shaping of an Artistic Genius (via Zoom)	14 8:30 AM Highball- The Railroads of Branson, Missouri (Branson) 9:00 AM Follow the Money: Financing the November 2020 Campaigns (via Zoom)	15
17 9:00 AM Are We Alone? Life and Intelligence in the Universe (via Zoom) 1:30 PM Your Face Through the Ages (Mt Sequoyah)	18 10:00 AM Driving: What Cars Tell Us About Our Society and Ourselves (Drake) 1:30 PM (Un)Happily Ever After: The Evolution of the Fairy Tale (via Zoom)	19 10:00 AM Artistic Camera Effects (Mt. Sequoyah) 1:30 PM Taking Charge of Your Life Holistically (Mt Sequoyah)	20 11:00 AM Understanding the Arkansas Criminal Justice System 101 (Drake) 1:00 PM Leonardo da Vinci: The Shaping of an Artistic Genius (via Zoom)	21 9:00 AM Follow the Money: Financing the November 2020 Campaigns (via Zoom)	22
24	25 10:00 AM Driving: What Cars Tell Us About Our Society and Ourselves (Drake)	26 10:00 AM Artistic Camera Effects (Mt. Sequoyah) 1:30 PM Taking Charge of Your Life Holistically (Mt Sequoyah)	27 11:00 AM Understanding the Arkansas Criminal Justice System 101 (Drake) 1:00 PM Right Brain Photography (via Zoom)	28 9:00 AM Follow the Money: Financing the November 2020 Campaigns (via Zoom)	29
31	 <p>OLLI Newsletters are the easiest way to keep up with OLLI courses and events. Not receiving our newsletters? To sign up go to: oli.uark.edu/participate</p>				

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1</p> <p>10:00 AM Driving: What Cars Tell Us About Our Society and Ourselves (Drake)</p> <p>1:00 PM Take a Walk on the Wild Side - In Russia (via Zoom)</p>	<p>2</p> <p>10:00 AM Artistic Camera Effects (Mt. Sequoyah)</p>	<p>3</p> <p>11:00 AM Understanding the Arkansas Criminal Justice System 101 (Drake)</p> <p>1:00 PM Right Brain Photography (via Zoom)</p>	4	5
<p>7</p> <p>9:30 AM Our Own Sweet Sounds: An Overview of Famous Arkansas Musicians (Drake)</p>	8	<p>9</p> <p>9:00 AM Touring With the Cats (Turpentine Creek Refuge Site)</p> <p>10:00 AM Artistic Camera Effects (Mt. Sequoyah)</p>	<p>10</p> <p>10:00 AM What is Courage (Drake)</p> <p>1:00 PM Right Brain Photography (via Zoom)</p>	11	12
<p>14</p> <p>9:30 AM Our Own Sweet Sounds: An Overview of Famous Arkansas Musicians (Drake)</p>	15	16	17	18	19

LOCATIONS

For maps and directions go to oli.uark.edu and click on **"Class Locations"** or call **479-575-4545**



FAYETTEVILLE EXECUTIVE AIRPORT (DRAKE)

4500 S. School Avenue
Fayetteville, AR 72701



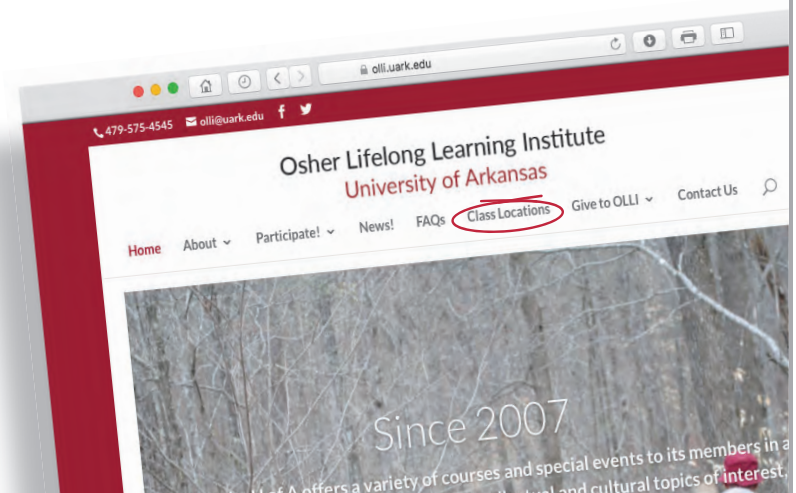
MT. SEQYOYAH CENTER

150 N Skyline Dr.
Fayetteville, AR 72701



OLLI OFFICES (OLLI)

211 E. Dickson St., Fayetteville, AR 72701



Class Details

FORMAT KEY | ■ = In-Person Only | ● = Virtual Only | ▲ = Choice of In-Person or Virtual

areas and health problems.

INSTRUCTOR: Dr. Blair Masters

DAY/DATE: Thursday, 2/25/21 (1)

TIME: 11:30 AM - 1:00 PM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$19 OLLI Member

\$34 Non-OLLI Member

NELSON HACKETT: ESCAPING SLAVERY IN FAYETTEVILLE, 1841-1843

DESCRIPTION: Join this examination of the plight of Nelson Hackett, an enslaved man who escaped from his Fayetteville owner in 1841, taking with him a horse, saddle, coat, and watch. Hackett made his way to Canada, but his owner, Alfred Wallace, pursued him and extradited him for theft. The extradition request set off an international dispute involving the United States, Canada, and the United Kingdom. In the end, Canada returned Hackett to slavery. But abolitionists in the U. S. and the UK convinced British officials that this had been a mistake and the officials announced that no more such fugitives would be returned. The class will use primary documents and discussion to delve into the Hackett case.

INSTRUCTOR: Michael Pierce

DAY/DATE: Thursday, 2/25/21 (1)

TIME: 3:00 PM - 5:00 PM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$19 OLLI Member

\$34 Non-OLLI Member

ROME OF THE POPES: ARCHITECTURE, HISTORY, AND INTRIGUE

DESCRIPTION: For hundreds of years after the fall of the Roman Empire, the city of Rome barely resembled the empire's famous urban legend. Majestic buildings crumbled from neglect or were torn down to provide building material; the city languished in a backwa-

ter, eclipsed by turmoil and neglect. Baroque architecture and art developed in Italy and were first linked to the Catholic Church's Counter-Reformation movement; the stupendous Baroque rebuilding of Rome was directed by a succession of Popes, from Sixtus V to Innocent XI, with Urban VIII towering above them all. Power and art were bound together by Papal patronage and interpreted by a "dream team" of sculptors, painters, and artisans. Tom Paradise will lead this powerpoint discussion and address the beauty, history, art, architecture, and intrigue of Rome's Baroque Period!

INSTRUCTOR: Tom Paradise

DAY/DATE: Friday, 2/26/21 (1)

TIME: 10:00 AM - 12:00 PM

FORMAT: ● Virtual

LOCATION: Via Zoom

COST: \$29 OLLI Member

\$44 Non-OLLI Member

SWING MUSIC THROUGH THE GREAT DEPRESSION, WWII, AND BEYOND

DESCRIPTION: As with all art, music is shaped by world events and in no other period of American history do world events have a greater impact than in the music called Swing. History records the stress created by economic crisis and war, a stress that was mainly addressed through dance, music, and the movies. Swing Music was an integral force in all three. Running from 1932 to 1942, the Swing Era took music that had roots in New Orleans with Louis Armstrong and developed it into a sophisticated art form that was, and continues to be, enjoyed by people of all cultures from around the world. In addition to delving into a bit of American history, sociology and expressive movement, Gary Barrow, a retired ATU professor of music, will guide the classroom lectures and group discussions into glimpses inside the music and the fascinating lives of the Americans who created it. Some names in this group include Duke Ellington, Count Basie, Woody Hermann,

The Andrews Sisters, Harry James, and Glenn Miller.

INSTRUCTOR: Dr. Gary Barrow

DAY/DATE: Mondays, 3/1/21 - 3/15/21 (3)

TIME: 2:00 PM - 4:00 PM

FORMAT: ▲ Hybrid

LOCATION: Drake

COST: \$49 OLLI Member

\$64 Non-OLLI Member

TAWDRY TALES OF OUR FIRST LADIES

DESCRIPTION: Historical gossip is fun. You do not want to miss this humorous yet historical take on our First Ladies. One of them could be a murderer, another had her child kidnapped! Of course this includes their husbands' wandering eyes- and wander they most certainly did. You know one of these gals committed vehicular manslaughter but...well...no arrest...privilege is privilege. Hear the full story. You are guaranteed not to be bored.

Join Pam Watson, who has presented this course for OLLIs in California and Nevada, for a humorous but historical look at our First Ladies from Martha Washington to the present.

INSTRUCTOR: Pam Watson

DAY/DATE: Tuesdays, 3/2/20 - 3/23/20 (4)

TIME: 10:30 AM - 12:00 PM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$29 OLLI Member

\$44 Non-OLLI Member

VIRTUAL CHEESEMAKING: RICOTTA & PANEER

DESCRIPTION: Always wanted to try your hand at cheesemaking? In this hands-on class, we'll make ricotta, an Italian staple and highly versatile cheese. It's so easy and delicious, you'll never want store-bought ricotta again! For Part 2 of the class, you'll learn how to make paneer, a versatile fresh cheese common to Indian cooking. The importance of milk composition and the recipes, equipment, and techniques used

to create these cheeses will be covered before creating and pressing our curds. Your cheese kits will include all the items you'll need!

Participants will need access to a stove in order to follow along.

Cheese tasting kits can be coordinated and picked up in Bentonville or Fayetteville.

INSTRUCTOR: Jessica Keahey

DAY/DATE: Tuesday, 3/2/21 (1)

TIME: 1:30 PM - 3:30 PM

FORMAT: ● Virtual

LOCATION: Via Zoom

COST: \$55 OLLI Member

\$70 Non-OLLI Member

YOGA FOR HEALTHY AGING

DESCRIPTION: It happens overnight. Yesterday everything was normal - all your errands were done with little effort, you planted pansies, picked up the grands for ice cream, cleaned out a closet, and helped your mate organize one section of the garage. But this morning you're sore all over. It's not an injury. Your muscle strength is gone. You can't bend or twist without being very careful. You move more slowly because you are afraid of falling. Standing up and sitting down resemble comedy routines. Your mind is still sharp - if you get a couple of naps in during the day! There is a solution for improving the body changes that come with aging. Healthy aging requires one to systematically stretch and condition muscles that will protect the aging joints. The slow, exact movements practiced in Yoga will enhance strength, eliminate joint stiffness, restore flexibility and range of motion, improve agility, and improve balance. These key areas - strength, flexibility, agility and balance - are the foundations of healthy living and living without the morning shuffle of pain and stiffness. Learn the yoga poses from a certified instructor, Viknisvari Willis, who teaches at the Arkansas Yoga Center and will guide your yoga sessions.

Dress in clothing in which you can move

Class Details

FORMAT KEY ■ = In-Person Only ● = Virtual Only ▲ = Choice of In-Person or Virtual

freely. Optional suggestions for participants to use in class are a yoga mat, yoga blocks, straps and a blanket or pillow.

INSTRUCTOR: Vicky Willis

DAY/DATE: Wednesdays, 3/3/21 - 4/7/21 (6)

TIME: 9:00 AM - 10:30 AM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$59 OLLI Member
\$74 Non-OLLI Member

GREAT DECISIONS

DESCRIPTION: Great Decisions is the United States' largest discussion program on world affairs. OLLI at the University of Arkansas has been a participant for eight years, affording adult learners an opportunity to explore foreign policy and options facing our nation. This semester's Great Decisions program topics include: "The Role of International Organizations in a Global Pandemic, Global Supply Chains and National Security, China and Africa, Korean Peninsula, Persian Gulf Security, Brexit and the European Union, The Fight Over the Melting Arctic, and the End of Globalization?"

Participants will receive a Briefing Book and a weekly discussion guide providing background information, current data and policy options for each topic. These all provide focus for the weekly discussion group.

INSTRUCTOR: Hugh Earnest (Tentative)

DAY/DATE: Wed, 3/3/21 - 4/21/21 (8)

TIME: 10:00 AM - 12:00 PM

FORMAT: ■ In person only

LOCATION: Drake

COST: \$85 OLLI Members Only

DISAPPEARING GROUND: SINKHOLES, CAVES, KARST

DESCRIPTION: Denis Dean, a master naturalist, leads the class with an initial discussion of Limestone (Karst) in Arkansas and around the world, delving into its beauty and problems. Limestone is soluble and porous and is abundant in the Ozarks of Arkansas. Participants will learn how limestone can cause sinkholes, some of which may be dangerous while

others are not. Further discussion will center on caves and disappearing rivers and a few other relatable issues.

INSTRUCTOR: Denis Dean

DAY/DATE: Thursday, 3/4/21 (1)

TIME: 10:00 AM - 12:00 PM

FORMAT: ■ In person only

LOCATION: Drake

COST: \$29 OLLI Member
\$44 Non-OLLI Member

MOUNT SEQUOYAH - 99 YEARS AND COUNTING

DESCRIPTION: Mt. Sequoyah, a thriving 400 acre haven was established in 1922 as a multi-state summer and spiritual retreat via the Methodist Episcopal Church for its south jurisdiction. Originally called East Mountain it was renamed Mount Sequoyah in honor of Cherokee Chief Sequoyah. The retreat opened its doors for the first time during the summer of 1923. The unique history, including the development, spiritual focus, cultural aspect, important events and the impact it had on the Northwest Arkansas community will be shared. Ms. Gentry will also focus on what is currently happening and how participants can become involved in the organization's future.

After the presentation there will be a campus tour of the spaces and buildings. Please wear comfortable shoes for walking. **Activity Level: 2-3**

INSTRUCTOR: Emily Gentry

DAY/DATE: Thursday, 3/4/21 (1)

TIME: 1:30 PM - 3:30 PM

FORMAT: ■ In person only

LOCATION: Mount Sequoyah Center

COST: \$25 OLLI Member
\$40 Non-OLLI Member

ARKANSAS INDIGENOUS PEOPLE OF THE MISSISSIPPIAN CULTURE

DESCRIPTION: Have you ever wondered about what America looked like before Columbus? Join us on this unique course that examines the ancient life of the Mississippian culture, 900A.D. to 1600

A.D., the arrival of Hernando de Soto, and the impact of the Spaniards on the lives of the indigenous people. The people were known as great traders and travelers. This course also studies the religion and practices of the early indigenous people as they were spiritual people believing in the Sun God. Their shamans and priests held many rituals and ceremonies to bless special events.

INSTRUCTOR: Dr. Mariellen Griffith

DAY/DATE: Monday, 3/8/21 (1)

TIME: 11:00 AM - 12:00 PM

FORMAT: ■ In person only

LOCATION: Drake

COST: \$25 OLLI Member
\$40 Non-OLLI Member

MIDAAQ ALLEY: A CLASSIC EGYPTIAN NOVEL

DESCRIPTION: Nagib Mahfouz is the Arab world's first Nobel Laureate. Professor Joel Gordon, a specialist in modern Middle East research will present Mahfouz's novel, *Midaq Alley*. This story depicts life in a traditional quarter of Cairo during WWII and features a large array of colorful characters. In session 1, the instructor will introduce the author, historical setting and characters. During session 2, discussion will focus on the novel, its multiple themes, literary and wider social impact, including film and television adaptations.

Participants need to purchase and read the first three chapters of the book before the first class.

INSTRUCTOR: Joel Gordon

DAY/DATE: Tuesdays, 3/9/21 - 3/16/21 (2)

TIME: 1:30 PM - 3:30 PM

FORMAT: ■ In person only

LOCATION: Drake

COST: \$39 OLLI Member
\$54 Non-OLLI Member

CHASING WATERFALLS: THE GLORY HOLE

DESCRIPTION: Come enjoy the adventure and fun on this hike to one of the most unique waterfalls in the state: The

Glory Hole. Arkansas is home to hundreds of natural flowing waterfalls that come to life during the wet seasons. Flowing over tall bluffs, and in this case directly through one, they provide some of the most unique and scenic areas in the region. On this full day outing, hikers will make the 1 mile descent down to Dismal Creek where it has drilled its way directly through an overhanging bluff, giving the waterfall its name. Plan to spend some time exploring the cascades leading to the falls as well as the rugged and scenic creek drainage below.

Activity Level 5. Meeting location and information will be sent to participants in advance of the hike.

INSTRUCTOR: Josh Raney

DAY/DATE: Thursday, 3/11/21 (1)

TIME: 8:30 AM - 3:30 PM

FORMAT: ■ In person only

LOCATION: Deer, AR

COST: \$25 OLLI Member
\$40 Non-OLLI Member

LOUISE GLÜCK: NOBEL PRIZE WINNER

DESCRIPTION: One of the good reasons the year 2020 will go down in history is that for the first time an American poet was awarded the Nobel Prize for Literature. While Louise Glück's work is well known in poetry circles, it is as yet little known by the American public. "Louise Glück is not only engaged by the errancies and shifting conditions of life," according to the Nobel's statement, "she is also a poet of radical change and rebirth, where the leap forward is made from a deep sense of loss." This course will provide an introduction to Glück's poetry through close study of her most recent book, *Faithful and Virtuous Night* (2014), winner of the National Book Award. Linda Leavell, the instructor, is a scholar of American poetry and professor emerita from Oklahoma State University. She has been teaching OLLI classes for over a decade.

Participants should purchase or borrow

Class Details

FORMAT KEY | ■ = In-Person Only | ● = Virtual Only | ▲ = Choice of In-Person or Virtual

Faithful and Virtuous Night to have in hand during class meetings, which will consist mostly of close reading and discussion.

INSTRUCTOR: Linda Leavell

DAY/DATE: Thursdays, 3/11/21 - 3/18/21 (2)

TIME: 1:00 PM - 3:00 PM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$25 OLLI Member

\$40 Non-OLLI Member

WOMEN'S MEDITATION FOR HORMONAL BALANCE

DESCRIPTION: Through learning the female energy center, you will tap into a new level of health, where women learn how they can effectively balance hormones, reduce anxiety and tap into their creative space. Learn about integrated health using the Holistic Self Model, that we all have four aspects of self that are interconnected-the mental, emotional, physical & spiritual planes.

In this course, participants will be guided through a 20 minute hormone balancing exercise, specifically- teaching women meditation through Metta, which is a loving kindness technique. The course is a combination of coaching, meditation and emotional clearing techniques, learning how to listen to our feminine intuition.

Other discussion topics/handouts include using Meditation for problems such as, anxiety, hormonal imbalance, menopause, PMS, infertility & other challenges.

Class will not meet Friday 3/26 due to the OLLI offices being closed.

INSTRUCTOR: Lisa Mann Jones

DAY/DATE: Friday, 3/12/21-4/9/21 (4)

TIME: 10:00 AM - 12:00 PM

FORMAT: ■ In-Person

LOCATION: Mt. Sequoyah

COST: \$59 OLLI Member

\$74 Non-OLLI Member

EAT YOUR WAY TO A HEALTHIER BRAIN

DESCRIPTION: If you want to be a "Bright Light Bulb" every day, what you eat and what you don't eat is vital. In this

course Dr. Masters will discuss how the body uses the food you consume, the good and the bad. Learn how to keep your brain working at its optimum level.

INSTRUCTOR: Dr. Blair Masters

DAY/DATE: Monday, 3/15/21 (1)

TIME: 11:30 AM - 1:00 PM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$19 OLLI Member

\$34 Non-OLLI Member

DIO-SASSAFRAS WINERY

DESCRIPTION: Due to the high popularity of Chef Erin Rowe's Dining in the Ozarks classes, this spring she's taking you to the breweries, labs, and distilleries that make NWA a great place to drink up! Try flights of your favorite beverages in a formative and fun experience.

Cost of food and beverage not included in the tour.

INSTRUCTOR: Erin Rowe

DAY/DATE: Tuesday, 3/16/21 (1)

TIME: 2:00 PM - 4:00 PM

FORMAT: ■ In person only

LOCATION: Sassafras Winery, 6461

E. Guy Terry Rd. in Springdale

COST: \$29 OLLI Members Only

DIO-MOCKINGBIRD KITCHEN

DESCRIPTION: Due to the high popularity of Chef Erin Rowe's Dining in the Ozarks classes, this spring she's taking you to the breweries, labs, and distilleries that make NWA a great place to drink up! Try flights of your favorite beverages in a formative and fun experience.

Cost of food and beverage not included in the tour.

INSTRUCTOR: Erin Rowe

DAY/DATE: Wednesday, 3/17/21 (1)

TIME: 11:30 AM - 1:30 PM

FORMAT: ■ In person only

LOCATION: Mockingbird Kitchen,
1466 N. College Ave., Fayetteville

COST: \$29 OLLI Members Only

ALL ABOUT BEARS AND POLAR BEARS VERSUS CLIMATE CHANGE

DESCRIPTION: Learn all about bears in the world. We will touch on what is happening with polar bears and how climate change is affecting their life and the loss of their habitat by the melting of the Arctic ice. From being categorized as "Threatened" to "Rare" to "Endangered" this class will discuss the possibility of their existence. How will they fare? Will they adapt back from where they came as brown bears? During the second hour of this class we will learn about the black bears of Arkansas and how they have gone from sparse populations to a healthy populous.

INSTRUCTOR: Denis Dean

DAY/DATE: Thursday, 3/18/21 (1)

TIME: 10:00 AM - 12:00 PM

FORMAT: ■ In person only

LOCATION: Drake

COST: \$25 OLLI Member

\$40 Non-OLLI Member

VIRTUAL CHEESE 101

DESCRIPTION: Know your Camembert from your Brie? Or your Gorgonzola from your Roquefort? Whether you are a beginner cheesemaker or just a hungry cheese enthusiast, this class is the perfect foundation to expand your knowledge behind the art and science of cheese. Jessica Keahey, the Big Cheese behind Sweet Freedom Cheese and a Certified Cheese Professional, will discuss the fundamental ingredients used in all cheeses, basic milk composition chemistry and characteristics (and its importance in cheesemaking), and how to select quality milk for cheesemaking at home. Participants will learn about the differences that separate cheese varieties, as you taste your way through soft-ripened, bloomy rind, washed rind, hard pressed, and blue cheese. You'll leave confident in how to identify, select, store, cut, and serve fine cheese!

As this is a tasting class, please let us know if you or anyone in your party have any food allergies. Cheese tasting kits can be

coordinated and picked up in Bentonville or Fayetteville.

INSTRUCTOR: Jessica Keahey

DAY/DATE: Friday, 3/19/21 (1)

TIME: 1:30 PM - 3:30 PM

FORMAT: ● Virtual

LOCATION: Via Zoom

COST: \$55 OLLI Member

\$70 Non-OLLI Member

THE WORLD AND YOU. HOW GLOBAL CHALLENGES SHAPE OUR LIVES.

DESCRIPTION: This course examines the social, political, economic, and environmental trends that are shaping our world, and the effects that these extraordinary circumstances are having on our daily lives. The world is undergoing a unique phase of profound structural and demographic transformations. From powerful and influential technological revolution, to the largest growth in human population that the world has ever seen, we are before some of the greatest transformative challenges ever faced in human history.

How are we coping with this reality? How will the world look ten, or twenty years from now? What kind of challenges do experts anticipate for the foreseeable future? What are we doing now to tackle some of these challenges? What can we do in the near future to take action and help address these problems? What are we doing today to prevent worst case scenarios? What kind of technologies exist to help us deal with some of these issues? What is the role of governments, civil society or the free enterprises to confront these monumental tasks? And what kind of concrete actions can we take as citizens of this world to do our part? These and other questions are explored in the course.

The course does not pretend or provide concrete answers, instead, the course aims to provide alternatives. By exploring the experience, creativity and innovative work of leading organizations, activists, politicians and experts around

Class Details

FORMAT KEY ■ = In-Person Only ● = Virtual Only ▲ = Choice of In-Person or Virtual

the world, the course features extraordinary case studies that are meant to humble and to inspire those enrolled in the class.

INSTRUCTOR: Rogelio Contreas

DAY/DATE: Mondays, 3/22/21 - 3/29/21 (2)

TIME: 9:00 AM - 12:00 PM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$25 OLLI Member
\$40 Non-OLLI Member

DIO: FOSSIL COVE BREWERY

DESCRIPTION: Due to the high popularity of Chef Erin Rowe's Dining in the Ozarks classes, this spring she's taking you to the breweries, labs, and distilleries that make NWA a great place to drink up! Try flights of your favorite beverages in a formative and fun experience.

Cost of food and beverage not included in the tour.

INSTRUCTOR: Erin Rowe

DAY/DATE: Tuesday, 3/23/21 (1)

TIME: 2:30 PM - 4:30 PM

FORMAT: ■ In person only

LOCATION: Fossil Cove Brewery,
1946 N. Birch Ave., Fayetteville

COST: \$29 OLLI Members Only

HIKES NEAR YOU: LINCOLN LAKE

DESCRIPTION: Come enjoy fresh air, adventure and fun on this day hike at Lincoln Lake in west Washington County. Once the water supply for the city of Lincoln, it is 400 acres of pristine, water recreation, rock climbing, mountain biking, hiking, fishing and stunning photographic opportunities. This hike will go the full length of Lincoln Lake Loop, a 4.4 mile trail that circles the lake and visits the dam, rock outcroppings, and overlooks.

Activity Level 5. Meeting location and directions will be sent to participants prior to the date of the hike

INSTRUCTOR: Josh Raney

DAY/DATE: Thursday, 3/25/21 (1)

TIME: 9:30 AM - 2:30 PM

FORMAT: ■ In person only

LOCATION: Lincoln, AR

COST: \$25 OLLI Member
\$40 Non-OLLI Member

ARKANSAS'S MOST ENDANGERED HISTORIC PLACES

DESCRIPTION: Preserve Arkansas's annual list of Most Endangered Places began in 1999 to raise awareness of the importance of Arkansas's historic properties and the dangers they face through neglect, encroaching development, and loss of integrity. The list is updated each year to generate discussion and support for saving the state's endangered historic places. Previous listings include the Johnny Cash Boyhood Home in Dyess, Rohwer Japanese American Relocation Center in Desha County, William Woodruff House in Little Rock, and the Thompson Building in Hot Springs. Rachel Patton, who has more than ten years of experience in historic preservation in Arkansas, will discuss the 2020-2021 Most Endangered Places list, as well as success stories and significant properties that remain endangered.

INSTRUCTOR: Rachel Patton

DAY/DATE: Thursday, 3/25/21 (1)

TIME: 1:30 PM - 3:30 PM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$19 OLLI Member
\$34 Non-OLLI Member

BREWING BEER

DESCRIPTION: The owner and operator of Boston Mountain Brewery in Fayetteville has agreed to host a session where he will take the class through how beer is made. He will cover all the ingredients that are required for a specific beer and he will go through the time line that is required in great beer brewing. Also to be covered is where and how the ingredients for beer brewing are secured. The following list is an example of the large number of specialty beers that he produces and has for sale: Golden Ale, Pale Ales, IPAs, Stouts, Porters, Kolsch.

The class will include one beer of your choice following the session. In addition, for those who wish to stay, a limited menu and beer for purchase will be available.

INSTRUCTOR: Matt Thompson

DAY/DATE: Monday, 3/29/21 (1)

TIME: 10:30 AM - 12:00 PM

FORMAT: ■ In person only

LOCATION: Boston Mountain
Brewery, Township and Gregg

COST: \$35 OLLI Member
\$50 Non-OLLI Member

THE LONG ARM OF COVID-19: HOW THE PANDEMIC DISRUPTED GENERATIONS

DESCRIPTION: The 2020 Pandemic was hard on everyone. It was deadly to some and just downright cruel to others. It interrupted daily life, holidays, rites of passage, careers, and for the youngest among us, months of social distancing had the power to not only change their lives, but the future they will inhabit. Judith Tavano, long time generations scholar will discuss her recent research into the effects of social distancing on young children, our yet-to-be-named youngest generation.

INSTRUCTOR: Judith Tavano

DAY/DATE: Tuesday, 3/30/2021 (1)

TIME: 10:00 AM - 12:00 PM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$19 OLLI Member
\$34 Non-OLLI Member

TALES OF THE QUANTUM

DESCRIPTION: Quantum physics tells us how the universe works. It is humankind's most fundamental scientific theory. What is it about? How does it work? What are its main ideas? What is the evidence for it? Is it as paradoxical as it first appears to be? This course will be based on the instructor's non-technical book *Tales of the Quantum* published by the Oxford University Press, available in hard cover or Kindle. The course will cover such topics as: what is a "quantum," perfect randomness, quantum states, being in two places at once,

entanglement, and non-local action-at-a-distance. Although the course is directed at non-scientists, scientists are welcome. No scientific or mathematical background is needed, only curiosity.

The course will cover Chapters 1 through 9 of the book, which can be purchased in hard cover for \$22-29, or on Kindle for \$10. Enrollees should buy the book and bring it to each session, reading the appropriate chapters in advance of each class session.

INSTRUCTOR: Art Hobson

DAY/DATE: Thursdays, 4/1/21 - 4/29/21 (5)

TIME: 9:00 AM - 11:00 AM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$39 OLLI Member
\$54 Non-OLLI Member

OZARK WILDFLOWER HIKE

DESCRIPTION: Are you ready to enjoy a beautiful wildflower hike in the Ozarks? Join us for an easy hike along the beautiful trails of the Ozark Natural Science Center while learning about Ozark wildflowers from an experienced teacher naturalist. An added bonus of this class is that you will have wonderful opportunities for photographing nature in its purest form. This class also offers a brief lecture on Bear Hollow and what you will be seeing as you experience going into the springtime forest of our Ozark Mountains.

Wear appropriate clothing for hiking: Long pants, closed shoes. Class time is 1:00 pm - 4:00 pm. **Activity Level: 2**

INSTRUCTOR: Renee Valentine

DAY/DATE: Thursday, 4/1/21 (1)

TIME: 1:00 PM - 4:00 PM

FORMAT: ■ In person only

LOCATION: Ozark Natural Science Center

COST: \$39 OLLI Member
\$54 Non-OLLI Member

EARLY CHRISTIAN CHURCHES AND TOWNS EAST OF THE JORDAN RIVER

DESCRIPTION: Excavation and analysis of early Christian villages in the uplands of Jordan provides a picture of life dur-

ing the first seven centuries of Christianity. Data collected from churches, wine presses, graves, tombs, skeletons, and artifacts paint a positive picture of rural life that contrasts sharply with the picture of poverty developed by historians studying documents from the nearby large Roman/Byzantine cities. Jerry Rose, an Emeritus U of A Professor in Anthropology, excavated early Christian villages in Jordan for 15 years and will use numerous illustrations of the excavations and materials studied to paint a positive picture of country Christian life east of the Jordan River.

This course will be taught on the nonspecialist level and be illustrated with excavation and analysis pictures throughout. Rose will utilize 15 years of experience directing excavations in the country of Jordan.

INSTRUCTOR: Jerry Rose

DAY/DATE: Fridays, 4/2/21 - 4/9/21 (2)

TIME: 10:00 AM - 12:00 PM

FORMAT: ▲ Hybrid

LOCATION: Drake

COST: \$35 OLLI Member
\$50 Non-OLLI Member

BLOOMING SPRING IN THE OZARKS

DESCRIPTION: Join a trip to enjoy Spring artistry of the gorgeous Ozark Mountain terrain while ascending the highest Arkansas Peak of 2,753 feet in Mount Magazine State Park. View Spring flora and fauna during a voyage up the mountain along the Mount Magazine Scenic Byway. Once atop the mountain, a delectable Dutch-Treat lunch may be enjoyed while overlooking a breath-taking view of the Petit Jean River Valley and Blue Mountain Lake. If weather conditions permit, possibly hang-gliders may be viewed there, one of the state's most popular hang-gliding sites.

The fine dining in the Skycrest Restaurant offers a variety of delicious entries. Hickory furniture completes the rustic warmth of this unique mountain dining experience. After lunch, a visitor center with an inter-active exhibit gallery and gift shop,

with high quality gifts and merchandise, may be explored. If a refreshment booster is needed while traversing the mountain, a picker-upper will be available to enjoy at a scheduled stop.

Don't miss this fun-filled class enjoying games and laughter with old friends while making new ones.

INSTRUCTOR: Dr. Clarice Cox

DAY/DATE: Monday, 4/5/21 (1)

TIME: 8:30 AM - 4:00 PM

FORMAT: ■ In person only

LOCATION: Mt Magazine SP

COST: \$25 OLLI Member
\$40 Non-OLLI Member

TRANSLATING A BRAZILIAN MODERNIST CLASSIC: SAO BERNARDO, BY GRACILIANO RAMOS

DESCRIPTION: In Graciliano Ramos' *São Bernardo*, a masterwork about back-country life in Brazil, a scrappy young man named Paulo Honório was a field hand who schemed and plotted his way to success, eventually becoming the master of the decrepit estate, São Bernardo, where he once worked incessantly. Paulo is notorious for his exploitation and cutthroat mentality. This is until he meets a beautiful young woman who challenges him and his old ways. Join us in hearing Padma Viswanathan discuss the genesis and process behind her translation of *São Bernardo*, how she breathed new life into Ramos's enchanting and funny 1934 novel.

Participants are highly encouraged to read the translation, published in May 2020 by New York Review Books, in advance of the session. Viswanathan's articles on the place of Graciliano Ramos in Brazilian and international letters are also available online or on request.

Book purchase is the responsibility of the participant and is optional. Amazon cost is \$9.99 Kindle / \$11.89 paperback

INSTRUCTOR: Padma Viswanathan

DAY/DATE: Monday, 4/5/21 (1)

TIME: 2:00 PM - 4:00 PM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$21 OLLI Member
\$36 Non-OLLI Member

HIPBILLIES

DESCRIPTION: The counterculture flourished nationwide in the 1960s and 1970s, and while the hippies of Haight--Ashbury occupied the public eye, a faction of back to the landers were quietly creating their own haven off the beaten path in the Arkansas Ozarks. In *Hipbillies*, Jared Phillips discusses his research into the subject, which combines oral histories and archival resources to weave the story of the Ozarks and its population of country beatniks into the national narrative, showing how the back to the landers engaged in "deep revolution" by sharing their ideas on rural development, small farm economy, and education with the locals, and how they became a fascinating part of a traditional region's coming to terms with the modern world in the process.

INSTRUCTOR: Jared Phillips

DAY/DATE: Tuesday, 4/6/21 (1)

TIME: 1:00 PM - 3:00 PM

FORMAT: ● Virtual

LOCATION: Via Zoom

COST: \$25 OLLI Member
\$40 Non-OLLI Member

CHASING WATERFALLS: KINGS RIVER FALLS

DESCRIPTION: Come enjoy the adventure and fun on this hike to one of the state's most beautiful waterfalls. Arkansas is home to hundreds of natural flowing waterfalls that come to life during the wet seasons. Flowing over tall bluffs and grottos, they provide some of the most unique and beautiful sights in the state.

On this outing, hikers will explore the Kings River Falls Natural Area. It includes 3 miles of the Kings River with the falls being a focal point. The trail is a 2 mile round trip rated easy to moderate. It first parallels Mitchell Cr. and then runs along the the Kings River and ending at the falls. Here one can enjoy cascading water, overhanging bluffs and the cool mist from the falls.

Activity Level: 4. Meeting location and time will be sent to participants in the email class reminder prior to the date of class.

INSTRUCTOR: Josh Raney

DAY/DATE: Wednesday, 4/7/21 (1)

TIME: 8:30 AM - 3:30 PM

FORMAT: ■ In person only

LOCATION: Kings River

COST: \$25 OLLI Member
\$40 Non-OLLI Member

PORTRAIT PHOTOGRAPHY

DESCRIPTION: Learn how to take better portraits. Diana Michelle Hausam is sharing her photography expertise in this 6 session class for OLLI members. Participants will enhance their skills using better techniques in composition, framing and lighting. She will also help the participants use the camera functions more comfortably and become more technically knowledgeable.

In 6 weeks, each participant will see their picture taking improve and will get immediate feedback from a pro. Hausam teaches photography and Photoshop at NTI and displays her fine art work in galleries and museums, both locally and regionally. Don't miss this opportunity to learn from one of the best. All skill levels are welcome and all kinds of cameras are too, so take your portrait photography to the next level!

Most sessions will take place outdoors.

INSTRUCTOR: Diana Michelle Hausam

DAY/DATE: Wednesdays &
Fridays, 4/7/21 - 4/23/21 (6)

TIME: 10:00 AM - 12:00 PM

FORMAT: ■ In person only

LOCATION: Mt. Sequoyah

COST: \$69 OLLI Member
\$84 Non-OLLI Member

NATIVE PLANT ECOLOGY

DESCRIPTION: What makes a species 'native' to a given area? What are the ecological relationships between native plants and other elements of the ecosystem such as birds and insects? What

is the importance of local ecotypes of native species and genetic conversation? Environmental scientist, Eric Fuselier, shares all of this and other information in this two session class on native plants.

The first session will be held via Zoom. During the second session, participants will learn about the ecosystem first hand during a native plant walk at Lake Fayetteville. If the hike is not possible he will present a virtual hike to all of the participants.

INSTRUCTOR: Eric Fuselier

DAY/DATE: Thursdays, 4/8/21 - 4/15/21 (2)

TIME: 1:00 PM - 3:00 PM

FORMAT: ▲ Virtual & IP

LOCATION: Zoom & Lake Fayetteville

COST: \$19 OLLI Member
\$34 Non-OLLI Member

UNIVERSITY OF ARKANSAS WELCOMES THE WORLD

DESCRIPTION: Students from the utermost parts of the world cross many borders to make U of A their destination for a quality education. Razorback Country becomes an educational mecca to nearly 1,500 international students from 120 different countries. Join this class and learn the diversified cultures of these students and their dreams for a future after life as a Razorback.

The U of A Razorback Campus and the Northwest Arkansas Community work to create a welcoming atmosphere, and to provide a variety of resources to aid in the transitions from these varied cultures. Through organizations, personal outreach, and home-away-from-home activities, students learn about, and are made to feel a part of, American culture. Dr. Cox will incorporate ideas from her teaching experiences in China and Brazil. She will also share ideas gleaned from providing home sanctuaries for international students attending schools and universities on U.S. soil.

INSTRUCTOR: Dr. Clarice Cox

DAY/DATE: Friday, 4/9/21 (1)

TIME: 1:00 PM - 3:00 PM

FORMAT: ■ In person only

LOCATION: Drake

COST: \$15 OLLI Member
\$30 Non-OLLI Member

GROWING ORGANIC IN NW ARKANSAS

DESCRIPTION: Are you fascinated by agricultural production and business? Do you have a passion for all things organic? Join us on Larry Galligan's tour of his Riverside Specialty Farm in West Fork, AR. He will guide us through his diversified three-season organic vegetable farm while he explains the ins and outs of owning and operating this land. Larry will discuss scale appropriate tools and season extension structures and how those can help build better farms to localize our food system, to feed our own communities with small scale farmers, and create a more sustainable future. Larry covers much more such as pest, weed and disease management; soil fertility and reduced-till agriculture; and sales and marketing. Come learn with us on this fun tour!

INSTRUCTOR: Larry Galligan

DAY/DATE: Monday, 4/12/21 (1)

TIME: 10:30 AM - 12:00 PM

FORMAT: ■ In person only

LOCATION: Riverside Specialty Farm

COST: \$25 OLLI Member
\$40 Non-OLLI Member

THE JOY OF A GOOD BIRD WALK

DESCRIPTION: Learn why a great bird walk may lift the soul like little else. What are the expectations, the characteristics, components, and understandings that bring birders back to the same places often with the same people, year after year? Rick Jones, an avid birder for decades, will share his take on what makes a bird walk exceptionally pleasant, even when something unexpected happens.

The first hour/session will be via Zoom, then participants will meet the next

week at 7:30 am for a two-hour bird walk at the Botanical Garden of the Ozarks and the Mulhollan Wildlife Blind.

INSTRUCTOR: Rick Jones

DAY/DATE: Mondays, 4/12/21 - 4/19/21 (2)

TIME: 1:00 PM - 2:00 PM

FORMAT: ▲ Virtual & IP

LOCATION: via Zoom / The Botanical Garden of the Ozarks for walk

COST: \$35 OLLI Member
\$50 Non-OLLI Member

INSIDE THE FARM

DESCRIPTION: Have you ever wondered what goes on at "The Farm" just north of the University of Arkansas campus? Celebrating its 100th year in 2019 and originally known as the Main Agricultural Experiment Station until 1996, the 725-acre Arkansas Agricultural Research and Extension Center (AAREC) is the main research station for the University of Arkansas System Division of Agriculture and involves all Division research disciplines in the areas of animal science; poultry science; food science; horticulture; insect pests and plant diseases; crops, soil and water resources; biological and agricultural engineering; and agri-science and technology. More than 250 faculty/extension personnel, research specialists, technicians, and graduate students work at the center. Come and tour the facility and get insights into some of the novel research being conducted here.

* Participants should expect some light walking and should wear appropriate attire for both outside and inside presentations/activities. There will be a hay ride for part of the farm tour. Instructors include: J.F. Meullenet, Vaughn Skinner, and Chuck Culver.

INSTRUCTOR: Chuck Culver

DAY/DATE: Tuesday, 4/13/21 (1)

TIME: 1:00 PM - 4:00 PM

FORMAT: ■ In person only

LOCATION: Farm off Garland

COST: \$25 OLLI Member
\$40 Non-OLLI Member

INTRODUCTION TO WILDFLOWER IDENTIFICATION

DESCRIPTION: We all enjoy seeing wildflowers each year but have you ever wished you knew their names? This course will teach you the basics you need to be able to identify wildflowers. Key to this will be learning about plant families and how to identify the common plant families you will encounter while out and about in nature. Additional topics will include selecting a field guide that best meets your needs and learning the terminology you will need to use them successfully.

INSTRUCTOR: Sue Hubbard

DAY/DATE: Friday, 4/16/21 (1)

TIME: 1:00 PM - 3:00 PM

FORMAT: ● Virtual

LOCATION: Via Zoom

COST: \$29 OLLI Member
\$44 Non-OLLI Member

MAKING RIPPLES: SHARING OUR JOURNEY TO PRESERVE HISTORY AND ECOLOGY

DESCRIPTION: This course introduces the concept of the Ripples project and explores how the instructor and her husband apply it to their life at the Historic Johnson Farm, where they live off-grid utilizing solar electricity, rainwater, and a composting toilet. Topics to be covered will be guided by student interest and may include the history archives (digitized papers and photos), sustainable living practices, conservation projects, native plants and wildlife. Participants can enjoy a walking tour of the farm, cemetery and off-grid cabin sites. Each student will be encouraged to create a personal goal to make ripples to help people and/or our planet, and provided one-on-one support as needed.

INSTRUCTOR: Amanda and Ryan Bancroft

DAY/DATE: Saturday, 4/17/21 - 4/24/21 (2)

TIME: 1:00 PM - 3:00 PM

FORMAT: ▲ Virtual and In-person
LOCATION: via Zoom (1st session)

Class Details

FORMAT KEY | ■ = In-Person Only | ● = Virtual Only | ▲ = Choice of In-Person or Virtual

IP: Historic Johnson Farm, CR
202 Fayetteville, Arkansas
72701 (2nd session)

COST: \$29 OLLI Member
\$44 Non-OLLI Member

ERIN GO BRAGH! A SHORT HISTORY OF IRELAND

DESCRIPTION: In 2021 Ireland will celebrate the hundredth anniversary of the founding of the Republic of Ireland. England had “conquered” Ireland almost nine centuries earlier, but the indomitable, stubborn Irish never accepted English rule. They struggled for freedom during the entire occupation. Jimmie Thomas, a doctor of medieval literature and avid visitor to and researcher of Ireland, will look at their many rebellions and guerrilla-like warfare. The participants will also spend time on the tragedy of the potato famine and the Easter Rising of April 1916. Erin go Bragh!

INSTRUCTOR: Jimmie Thomas

DAY/DATE: Mondays, 4/19/21 - 4/26/21 (2)

TIME: 9:00 AM - 11:00 AM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$25 OLLI Member

\$40 Non-OLLI Member

ECONOMICS OF SLAVERY

DESCRIPTION: The South relied on slavery heavily for economic prosperity and used wealth as a way to justify enslavement practices. Slavery was so profitable, it sprouted millionaires per capita. With cash crops of tobacco, cotton and sugar cane, America’s southern states became the economic engine of the burgeoning nation.

Slavery was condoned until the Civil War, but does it still exist today? Is slavery a problem? In 2000 the direct value of slave labor was estimated between thirteen and twenty billion dollars. “Estimates” put the number of modern slaves alive today at 27 million (this includes children). Some human rights organizations have the number as high as 200 million.

How do you induce someone to work for you? Len White, a retired economics pro-

fessor of the UofA will explain the different degrees of slavery from the Bible through what is happening in our world today.

INSTRUCTOR: Len White

DAY/DATE: Mondays, 4/19/21 - 4/26/21 (2)

TIME: 1:00 PM - 3:00 PM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$25 OLLI Member

\$40 Non-OLLI Member

INVASIVE PLANT IDENTIFICATION

DESCRIPTION: Invasive plants are non-natives that displace native plants, removing vital food and habitat for wildlife that depend on natives for survival. Using live plant material, Jennifer Ogle, a botanist, will teach participants how to identify the most common invasive trees, shrubs, and woody vines growing in Northwest Arkansas.

During the last hour of the class we will take a field trip to a nearby site with mostly flat terrain to see how invasive plants are impacting a local forest ecosystem.

INSTRUCTOR: Jennifer Ogle

DAY/DATE: Tuesday, 4/20/21 (1)

TIME: 9:00 AM - 12:00 PM

FORMAT: ■ In person only

LOCATION: Drake & O/S

COST: \$29 OLLI Member

\$44 Non-OLLI Member

(UN)HAPPILY EVER AFTER: THE EVOLUTION OF THE FAIRY TALE

DESCRIPTION: Fairy tales are all about lost princesses, handsome princes, and happily ever afters...or are they? While Disney has made fairy tales family friendly, they actually have a much darker history. In this class, we’ll start by reading classic fairy tales to learn more about their history, then move on to modern stories that offer fresh twists on an old form. Finally, we’ll wrap everything up by looking at the Disney-fication of fairy tales and how they’ve made these stories mainstream.

All of the readings and viewings will be

provided digitally.

INSTRUCTOR: Ashley Robinson

DAY/DATE: Tuesdays, 4/20/21 - 5/18/21 (5)

TIME: 1:30 PM - 3:30 PM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$49 OLLI Member

\$64 Non-OLLI Member

WHAT’S THE BIG DEAL ABOUT GUT HEALTH?

DESCRIPTION: Learn the top 5 reasons a healthy gut can change your life for the better. We’ve all heard “something” about a healthy gut being important but find out why it is now more important than ever. Dr. Masters will discuss what can go wrong, how you can fix problems, and fool proof ways to maintain gut health.

INSTRUCTOR: Dr. Blair Masters

DAY/DATE: Wednesday, 4/21/21 (1)

TIME: 11:30 AM - 1:00 PM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$19 OLLI Member

\$34 Non-OLLI Member

LEONARDO DA VINCI: THE SHAPING OF AN ARTISTIC GENIUS

DESCRIPTION: A beautiful body perishes, but a work of art dies not. ~ Leonardo da Vinci. Come be invigorated by the engaging Ms. Cocciardi as she reveals new and little-known aspects of artist Leonardo da Vinci’s life, work, and his passion for interlocking knots.

Enter Luca Pacioli, the famous Renaissance mathematician, who becomes Leonardo’s apprentice and who plays a major role in his art masterpieces from *The Last Supper* to the *Mona Lisa*. Then there is Isabella d’Este, patron of the arts and hostess to Leonardo and Luca when, in 1499, fleeing the perils of war, their Covid-19 moment, the men took refuge in her castle.

The sojourn creates a sketch by Leonardo of Isabella with a promise to be followed by a ‘color portrait’ of the Marchesa. Discover the intrigue of the relationships of

the apprentice, the master and the Renaissance woman and her unfinished, unpainted portrait that will intertwine their lives forever.

INSTRUCTOR: Caroline Cocciardi

DAY/DATE: Thursdays, 4/22/21 - 5/20/21 (5)

TIME: 1:00 PM - 3:00 PM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$55 OLLI Member

\$70 Non-OLLI Member

A ROARING FUN-FILLED DAY

DESCRIPTION: Join an intriguing trip to the “Show Me State” with an hour’s ride to Roaring River State Park. See unveiled the natural beauty of the state’s most amazing topography nestled into unusual landscapes. Although renowned for amazingly productive trout fishing, participants will marvel at other aspects of the area’s natural beauty. After learning the amazing park history from a park interpreter, a two mile hike will provide enjoyment of the aesthetic Spring beauty of the Missouri Ozarks. Sandwiched into the day’s enjoyment will be a get-acquainted picnic, compliments of OLLI. Time will also be allowed for perusal of the gift shop for unusual souvenirs. Join this class for a day of education, outdoor fun and camaraderie.

Meeting time and location will be sent in the participant’s email class reminder. This is a COMMUTER Rate (CR) only tour. No van transportation is offered.

INSTRUCTOR: Dr. Clarice Cox

DAY/DATE: Thursday, 4/22/21 (1)

TIME: 8:30 AM - 4:00 PM

FORMAT: ■ In person only

LOCATION: Roaring River State Park

COST: \$25 OLLI Member

\$40 Non-OLLI Member

CONTROLLING INVASIVE PLANTS

DESCRIPTION: Many people see the need to control invasive plants whether it is on their own property or in parks or natural areas they visit. In this course Sue Hubbard, a retired biologist, will share knowledge acquired during 2 decades

Class Details

FORMAT KEY | ■ = In-Person Only | ● = Virtual Only | ▲ = Choice of In-Person or Virtual

working as the leader of a weed crew at Fort Ord National Monument in California to assist you in your invasive plant control efforts. Topics covered will include deciding whether or not to take on a project, planning and implementation and when you can declare success.

INSTRUCTOR: Sue Hubbard

DAY/DATE: Tuesday, 4/27/21 (1)

TIME: 9:30 AM - 11:30 AM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$25 OLLI Member

\$40 Non-OLLI Member

BEGINNER/NOVICE BIRD WALK

DESCRIPTION: Join OLLI on a wonderfully peaceful Spring morning walk with the birds singing you along. This walk will allow students to see and listen to the local birds in the Fayetteville area. The habitat will be determined closer to the class, with recent activity levels reported.

INSTRUCTOR: Rick Jones

DAY/DATE: Wednesday, 4/28/21 (1)

TIME: 8:30 AM - 10:30 AM

FORMAT: ■ In person only

LOCATION: To be determined

COST: \$25 OLLI Member

\$40 Non-OLLI Member

ARTISTIC CAMERA EFFECTS

DESCRIPTION: If you are looking to take your photography to the next level, look no further. It's common to hear ways to edit a photo in photoshop or other photo manipulation programs, but in this course, you will learn how to add those artistic details and effects by hand as you're taking the photo. Become more in-tune and connected with your process while learning new ways to bring your artistry to life through your photos in real time. Bring yourself, your DSLR camera (with manual capabilities), and your imagination in this fun and creative course.

Participants need to have a DSLR cam-

era with manual capabilities.

INSTRUCTOR: Diana Michelle Hausam

DAY/DATE: Wednesdays, 4/28/21 - 6/2/21 (6)

TIME: 10:00 AM - 12:00 PM

FORMAT: ■ In person only

LOCATION: Mt. Sequoyah

COST: \$69 OLLI Member

\$84 Non-OLLI Member

FOLLOW THE MONEY: FINANCING THE NOVEMBER 2020 CAMPAIGNS

DESCRIPTION: Money walks, money talks. Money makes the world go round. In this nonpartisan, non-ideological class, participants will gain a basic framework for evaluating campaign finance history and issues using the November 2020 elections as a touchstone. Just how much money found its way into the November 2020 elections? Where did campaign money come from and where did it go? Did campaign contributions make a difference in the results? Through five one hour virtual sessions, we will investigate recent election spending, focusing on the presidential campaigns and several state and local campaigns as well. We will see how 2020 election spending compared to past campaigns, how campaign finance laws have altered the importance of money in elections, look at campaign finance in other countries and make time for plenty of class discussion as well. So bring your detective skills as we work to ferret out the facts of this topical - and expensive - subject!

INSTRUCTOR: Ken Allen

DAY/DATE: Fridays, 4/30/21 - 5/28/21 (5)

TIME: 9:00 AM - 10:00 AM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$29 OLLI Member

\$44 Non-OLLI Member

ARE WE ALONE? LIFE AND INTELLIGENCE IN THE UNIVERSE

DESCRIPTION: Until recently we only assumed the existence of other plan-

etary systems. Now we know that every star has planets, many of them in the "habitable zone" where water can be liquid. We will explore our planets and other planetary systems for conditions that may sustain life, even outside the habitable zone. If life is common in the universe, what about intelligent life?

INSTRUCTOR: Malcolm Cleaveland

DAY/DATE: Mondays, 5/3/21 - 5/17/21 (3)

TIME: 9:00 AM - 11:00 AM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$25 OLLI Member

\$40 Non-OLLI Member

EDUCATION FOR ALL

DESCRIPTION: Travel with this class to Point Lookout, Missouri to the campus of the College of the Ozarks. C of O is a tuition-free college, for those without funds, where every full-time student works at a campus job to help defray expenses. *The Wall Street Journal* describes C of O as "one of the most unusual little liberal arts colleges in the country."

At the beautiful Keeter Center, enjoy a visual campus tour and historical presentation by students. A tour of the inspirational military exhibit within the center will then be a patriotic enhancement, after which, a DUTCH TREAT lunch or dessert may be a welcome interlude. A class finale will be a perusal of the gift shop. There one will find items made by students – food delicacies and a variety of unique handmade items.

Don't miss the inspirational story of a man's dream to 'education for all' and how that dream blossomed and came to fruition.

INSTRUCTOR: Dr. Clarice Cox

DAY/DATE: Tuesday, 5/4/21 (1)

TIME: 8:30 AM - 4:00 PM

FORMAT: ■ In person only

LOCATION: On-site location

COST: \$25 OLLI Member

\$40 Non-OLLI Member

THE ART OF ENTERTAINING AND BEING ENTERTAINED

DESCRIPTION: This class consists of three lessons where students will improve or refresh Table Etiquette and experience the Art of the Table. Knowing how to navigate a dining setting will build confidence and prepare you for social and professional engagements in a relaxed manner. Monica Herrera, a certified etiquette instructor, will lead the participants in two classes, venturing to a local restaurant for the final session where you will demonstrate what you learned with a meal.

Virtual class sessions will be 1.5 hours long. The visit to the restaurant (TBD) will be from 11:00 am - 1:00 pm on Thursday. Cost of meal is on your own.

INSTRUCTOR: Monica Herrera

DAY/DATE: Tuesday, Wednesday, and Thursday, 5/4/21 - 5/6/21 (3)

TIME: 10:00 AM - 11:30 AM

FORMAT: ● Virtual for class

/ ■ IP for Restaurant

LOCATION: Via Zoom

COST: \$45 OLLI Member

\$60 Non-OLLI Member

HIGHBALL- THE RAILROADS OF BRANSON, MISSOURI

DESCRIPTION: Discover the rich history of Branson, Missouri and the impact of the coming of the railroad in the early 1900s. Known as the "White River Line," this scenic stretch of railroad ran from Carthage, Missouri through Branson and along the White river to near Newport, Arkansas. Course participants will enjoy a 3 hour lecture on the history of the line concluded by a 40-mile round trip excursion through Ozark foothills and tunnels aboard the Branson Scenic Railroad. As participants cross bridges and trestles, they will experience the luxury of rail travel from yesteryear on a restored historic streamlined passenger train.

The first session will be in the classroom while the second will consist of the train ride. Price of ticket (\$29) is included with class fee. 2nd date 8:30 AM - 5:00 PM.

Class Details

FORMAT KEY | ■ = In-Person Only | ● = Virtual Only | ▲ = Choice of In-Person or Virtual

Depending on COVID restrictions, transportation to Branson will be the responsibility of the participant.

INSTRUCTOR: Mike Sypult

DAY/DATE: Friday, 5/7/21 - 5/14/21 (2)

TIME: 1:00 PM - 4:00 PM

FORMAT: ■ In person only

LOCATION: Mt. Sequoyah & Branson RR

COST: \$65 OLLI Member
\$80 Non-OLLI Member

LET'S GET HEALTHY, NATURALLY

DESCRIPTION: Join a tour of Bio-Tech Pharmacal, Inc. for an upfront introduction to the manufacture of naturally healthy, high quality professional grade vitamins and supplements which support a high range of energy and cellular needs. Learn how scientifically valid methods and modern analytical technologies are utilized in testing only ingredients that meet strict quality requirements.

Enjoy the inspirational story of a family created business launched by the Benedicts in 1984. Join them as they tell their story driven by a mission to improve lives by producing these high-quality dietary supplements. Learn how Bio-Tech supplements are now provided to physicians, clinics, hospitals and pharmacies worldwide, providing premium nutrition at the cellular level. Learn how all Bio-Tech employees are trained to understand procedures that impact their role and how they must have absolute integrity, accept responsibility for their function and work as a team. After the tour, there will be a question/answer session regarding the industry at large. Don't miss this inspiring story and tour.

Meeting location and time will be sent to participants in the email class reminder prior to the date of class.

INSTRUCTOR: Dr. Clarice Cox

DAY/DATE: Monday, 5/10/21 (1)

TIME: 9:00 AM - 12:00 PM

FORMAT: ■ In person only

LOCATION: O/S

COST: \$25 OLLI Member
\$40 Non-OLLI Member

DRIVING: WHAT CARS TELL US ABOUT OUR SOCIETY AND OURSELVES

DESCRIPTION: Explore the effects that automobiles have had and are having on societal organization, our social values and our environment. Visit the history of our car culture, the political and economic forces that shape car culture, social class and cars and road politics. The positive and negative consequences are discussed and trends for the future of car dependency are depicted.

INSTRUCTOR: Jeff Nash

DAY/DATE: Tuesdays, 5/11/21 - 6/1/21 (4)

TIME: 10:00 AM - 12:00 PM

FORMAT: ▲ Hybrid

LOCATION: Drake

COST: \$45 OLLI Member
\$60 Non-OLLI Member

TAKING CHARGE OF YOUR LIFE HOLISTICALLY

DESCRIPTION: Diet and exercise are everything, but how much do we really know about "Diet?" This series of three, one-hour seminars will focus on health topics that can equip students with the knowledge and skills to improve their health through nutrition. The class will discuss topics such as digestion, blood sugar regulation, and the truth about fats.

INSTRUCTOR: Mary Williams

DAY/DATE: Wednesdays, 5/12/21 - 5/26/21 (3)

TIME: 1:30 PM - 2:30 PM

FORMAT: ■ In person

LOCATION: Mt Sequoyah

COST: \$19 OLLI Member
\$34 Non-OLLI Member

UNDERSTANDING THE ARKANSAS CRIMINAL JUSTICE SYSTEM 101

DESCRIPTION: The United States does not have one criminal justice system. We have a system for all 50 states, plus the District of Columbia, plus each of the terri-

ories, and there is a separate criminal system for the federal government. So keep in mind that the United States operates on a federalism basis, meaning we have the national federal government, and then we have each individual state having its own governments. This four session class will explain the type of criminal justice system we have in Arkansas. It is a prelude to another class Understanding the Arkansas Criminal Justice System 201 (offered in Fall 2021) which will present more details about programs to prevent delinquency, addiction treatments and sex offenses.

INSTRUCTOR: Dina Nash

DAY/DATE: Thursdays, 5/13/21 - 6/3/21 (4)

TIME: 11:00 AM - 12:00 PM

FORMAT: ▲ Hybrid

LOCATION: Drake

COST: \$45 OLLI Member
\$60 Non-OLLI Member

YOUR FACE THROUGH THE AGES

DESCRIPTION: Aging causes skin to change. How does one care for their aging skin? Beauty and skincare specialist, Terra Pullman, a Mary Kay cosmetics sales director (top 20% of company), will reveal how to take care of aging skin. Various products with different ingredients can be used to correct specific problems of dark spots, sagging skin and wrinkles. The art of makeup application and the avoidance of harmful products are keys to healthy skin care. Tips on how to stay healthy inside and out will be shared.

NOTE: There will be no products to sell.

INSTRUCTOR: Terra Pullmann

DAY/DATE: Monday, 5/17/21 (1)

TIME: 1:30 PM - 3:30 PM

FORMAT: ■ In person

LOCATION: Mt Sequoyah

COST: \$19 OLLI Member
\$34 Non-OLLI Member

RIGHT BRAIN PHOTOGRAPHY

DESCRIPTION: This highly interactive course piggy-backs on author, Eli Vega's,

award-winning book by the same title. You will learn creative in-camera concepts, principles, and techniques, without having to spend hours in front of your computer manipulating images. Eli will share 7 key principles of effective composition. You will also learn two photography paradigms/models in the book. Included in those models are concepts and techniques like intuition, extracting, impressionism and surrealism through photography and eastern philosophy applications to photography. He will teach you how to see with your imagination, not your eyes; how to see something before you see it; how to make the common uncommon.

INSTRUCTOR: Eli Vega

DAY/DATE: Thursdays, 5/27/20 - 6/10/20 (3)

TIME: 1:00 PM - 3:00 PM

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$55 OLLI Member
\$70 Non-OLLI Member

TAKE A WALK ON THE WILD SIDE - IN RUSSIA

DESCRIPTION: The Russian federation spans a continent encompassing a vast array of landscapes and habitats. After an overview of Russian biogeography, we follow the instructor on extended hikes in three of the country's most iconic wilderness landscapes. First, the dense forests and lofty crags of the Caucasus range including Europe's highest peak (Mt Elbrus) and backdrop for Tolstoy's wildest frontier adventure tales. Then the remote Siberian Altai range combining the splendor of the Colorado peaks and the Canadian Rockies – and scene of the world's greatest recorded flood. We experience the Trans-Siberian Railroad along the way. Finally, the far eastern wilds of the Ussuri Preserve known for fall foliage that rivals autumn in Vermont and home to the world's most ferocious feline predator. It's just like our American wild west only more so!

INSTRUCTOR: Fred Paillet

DAY/DATE: Tuesday, 6/1/21 (1)

TIME: 1:00 PM - 3:00 PM

Class Details

FORMAT KEY | ■ = In-Person Only | ● = Virtual Only | ▲ = Choice of In-Person or Virtual

FORMAT: ● Virtual

LOCATION: via Zoom

COST: \$25 OLLI Member
\$40 Non-OLLI Member

OUR OWN SWEET SOUNDS: AN OVERVIEW OF FAMOUS ARKANSAS MUSICIANS

DESCRIPTION: Join this historical exploration of home grown music from Arkansas musicians. This class, based on the book *Our Own Sweet Sounds* by local author Robert Cochran, will introduce participants to a brief biography of, and listen to examples of, musicians such as the Browns, Johnny Cash, Sister Rosetta Tharp, Louis Jordan, Ronnie Hawkins, William Grant Still, Conway Twitty and many more.

INSTRUCTOR: Tim Cox

DAY/DATE: Mondays, 6/7/21 - 6/14/21 (2)

TIME: 9:30 AM - 11:30 AM

FORMAT: ■ In person only

LOCATION: Drake

COST: \$29 OLLI Member
\$44 Non-OLLI Member

TOURING WITH THE CATS

DESCRIPTION: Atop the Ozark Mountains, on over 400 acres, Turpentine Creek is a carnivore sanctuary in Eureka Springs. Join an exclusive behind the scene tour of the refuge, visiting areas inaccessible to the public. While touring America's Premier Big Cat Refuge, each will gain an in-depth understanding of its history, purpose and efforts, as well as gain a unique perspective regarding the plight of victims of the exotic animal trade. Enjoy light refreshments with a curator. Travel then to the historic Crescent Hotel for a Dutch-Treat dessert or light lunch.

Don't miss joining this class and hear-

ing the unique stories of the animal residents of the refuge and seeing their habitats. Admission cost of \$25 pp is included in the fee.

Meeting time and location will be sent in the participant's email class reminder. This is a COMMUTER Rate (CR) only tour. No van transportation is offered.

INSTRUCTOR: Dr. Clarice Cox

DAY/DATE: Wednesday, 6/9/21 (1)

TIME: 9:00 AM - 3:30 PM

FORMAT: ■ In person only

LOCATION: Turpentine Creek Refuge Site

COST: \$45 OLLI Member
\$60 Non-OLLI Member

WHAT IS COURAGE?

DESCRIPTION: From ancient times, acts of courage and people of courage have been praised. At the same time, when we observe our own environments, courage sometimes seems

to be in short supply. Probably everyone agrees that a society is benefited by courage. Certainly children benefit from lessons about courageous people. But what is courage? How is it different from, say, plucky rashness? In this course, we'll look at brief excerpts from classic sources--Gilgamesh, Aristotle, Sophocles, the books of Esther and Daniel, Shakespeare--with the goal of bringing the topic home to our own world--to thinking about the little acts of courage a society needs if it's going to flourish.

INSTRUCTOR: Preston Jones

DAY/DATE: Thursday, 6/10/21 (1)

TIME: 10:00 AM - 12:00 PM

FORMAT: ■ In person only

LOCATION: Drake

COST: \$29 OLLI Member
\$44 Non-OLLI Member

DEPARTMENT OF THEATRE

J. William Fulbright College of Arts & Sciences

The UARK Theatre Department is on hiatus from face-to-face productions. We look forward to the day we are able to invite you to our theater. Until then, please consider donating to our student scholarship fund.

<https://onlinegiving.uark.edu>
(Drama Student Scholarship)



UNIVERSITY OF
ARKANSAS

GIFT MEMBERSHIPS

Give the gift of adventure, learning and growth.
Gift certificates are available for memberships and courses!



Are you looking for a unique and meaningful gift for friends and family?

Give the gift of learning to someone special with a membership to the Osher Lifelong Learning Institute at the University of Arkansas. Memberships are tax deductible and make great holiday, birthday or retirement gifts. Sign someone up TODAY!

To purchase a gift membership, contact us directly at 479-575-4545
or via email: oli@uark.edu.

Make a difference-
Give to OLLI This Year

Gifts of time, talent and treasures are deeply valued and ensure that OLLI sustains its ability to create exceptional lifelong learning opportunities, a vibrant and engaged community, and an experience for our members that is the best.

Currently, membership and course registration fees cover only 40% of OLLI's annual operating budget. Donations to OLLI - U of A help to fund the program on multiple levels, allowing the organization to embark upon programming initiatives, work to grow the membership base and strive toward financial sustainability. Every gift, no matter the size, is an investment in the institute, strengthening it for the future. Consider making a tax-deductible contribution to OLLI - U of A in one of the following ways:

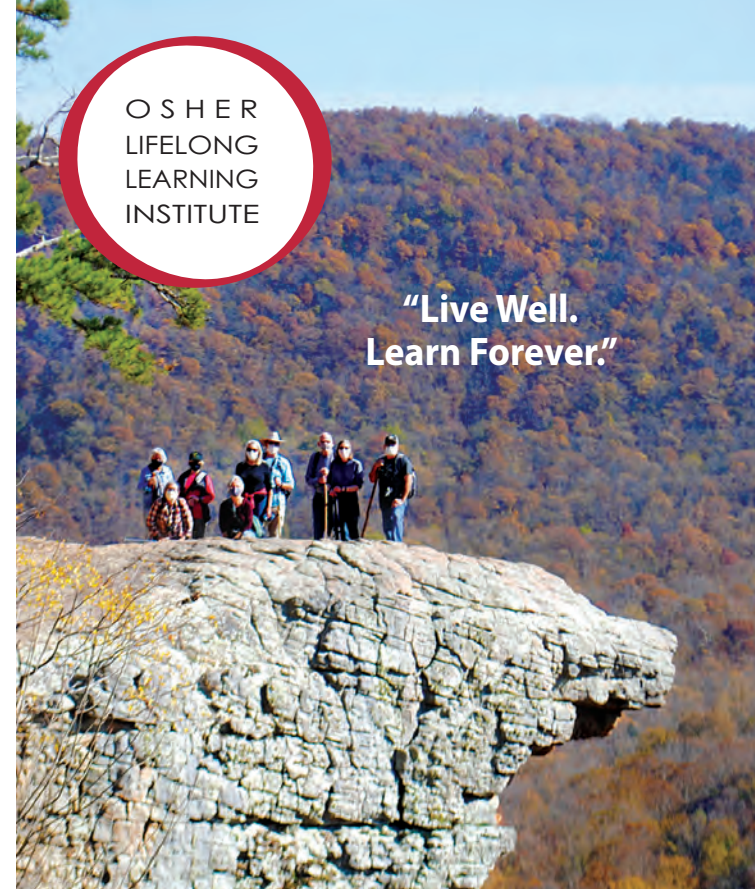
DONATE ONLINE: Gifts can be made online with a credit card at <http://onlinegiving.uark.edu> and selecting the "OLLI Giving Fund" as your designation.

DONATE BY MAIL: Please make your check payable to OLLI - U of A and add "OLLI Giving Fund" on the note line. Checks should be mailed to OLLI, 211 E. Dickson St., Fayetteville, AR 72701.

If including OLLI in your estate planning is something you are interested in, please reach out to Josh Raney, the OLLI Director, to be put in contact with the U of A Planned Giving team or visit <http://plannedgiving.uark.edu> to determine which planned giving vehicles may be best for you.

OSHER
LIFELONG
LEARNING
INSTITUTE

*"Live Well.
Learn Forever."*



OLLI U of A Partners



*Stay up-to-date with the
Faulkner Performing Arts Center!*

faulkner.uark.edu

MOBILE APP AVAILABLE FOR IOS & ANDROID



*Check out our Facebook page for
artist interviews, event updates & more!*
facebook.com/FaulknerPAC



**FAULKNER
PERFORMING
ARTS CENTER**



Registration Spring 2021

Join Now and Sign Up For Spring Classes!

Dr. Mr. Ms. Mrs.

First Name _____ Last Name _____

Email Address _____ (For communication purposes only)

Date of Birth _____ Phone _____

Address _____

City _____ State _____ Zip _____

Name (2nd Member) _____ Date of Birth _____

Email Address _____

MEMBERSHIP*: (July 1 – June 30)

New Member Renewing Member

**Referred by: _____

2021 Spring Membership:

\$25 Single

Linked Type:

Linking a membership online provides a unique feature allowing members to register one another.

Yes, please link my membership with _____

COURSE REGISTRATION \$ _____
MEMBERSHIP \$ _____
TOTAL AMOUNT \$ _____

**Membership is tax deductible!*

REGISTER VIA:

On-line: olli.uark.edu **By Phone:** (479) 575-4545

In person: Monday-Friday, 9:00am – 3:30pm

By Mail: OLLI, 211 E. Dickson St., Fayetteville, AR 72701

METHOD OF PAYMENT | Make checks payable to "UA-OLLI"
Credit Card payments can be made online only

When selecting courses, be sure to mark your preferred format:

In Person **OR** Virtual via Zoom

Registration Opens to **OLLI members 1/27/21**
and to **Non-OLLI members on 2/1/21.**

Osher Lifelong Learning Institute UA | Spring 2021 Courses

Select	Start Date	Brief Course Title	OLLI	Non
	2/9	The Gospel-Springsteen ●	\$35	\$50
	2/12	Countering Misinformation ●	\$25	\$40
	2/12	The Rise and Establishment ■	\$35	\$50
	2/12	The Rise and Establishment ●	\$35	\$50
	2/13	Adventures in Sustainability ●	\$65	\$80
	2/15	Ancient Wisdom for the Modern World ■	\$39	\$54
	2/15	Ancient Wisdom for the Modern World ●	\$39	\$54
	2/15	Zoom - The Basics & Some Pro Tips ●	FREE	FREE
	2/16	Vincent! ■	\$35	\$50
	2/17	Covid Data ●	\$19	\$34
	2/17	Citizen Science Needs YOU! ●	\$19	\$34
	2/18	Winter Tree Identification ■	\$25	\$40
	2/19	Love and Compassion ●	\$19	\$34
	2/23	How to Avoid Scams and Identity Theft ●	\$19	N/A
	2/24	Creative Photoshop ■	\$89	\$104
	2/25	How to Treat Pressure Points at Home ●	\$19	\$34
	2/25	Nelson Hackett ●	\$19	\$34
	2/26	Rome of the Popes ●	\$29	\$44
	3/1	Swing Music ■	\$49	\$64
	3/1	Swing Music ●	\$49	\$64
	3/2	First Ladies ●	\$29	\$44
	3/2	Virtual Cheese Making: Ricotta & Paneer ●	\$55	\$70
	3/3	Yoga - Healthy Aging ●	\$59	\$74
	3/3	Great Decisions ■	\$85	N/A
	3/4	Disappearing Ground ■	\$29	\$44
	3/4	Mount Sequoyah - 99 Years and Counting ■	\$25	\$40
	3/8	Arkansas Indigenous People ■	\$25	\$40
	3/9	Midaq Alley ■	\$39	\$54
	3/11	Chasing Waterfalls: The Glory Hole ■	\$25	\$40
	3/11	Louise Glück: Nobel Prize Winner ●	\$25	\$40
	3/12	Women's Meditation ■	\$59	\$74
	3/15	Eat Your Way to a Healthier Brain ●	\$19	\$34
	3/16	DIO: Sassafras Winery ■	\$29	N/A
	3/17	DIO-Mockingbird Kitchen ■	\$29	N/A
	3/18	All About Bears and Polar Bears versus Climate Change ■	\$25	\$40
	3/19	Virtual Cheese 101 ●	\$55	\$70
	3/22	The World and You ●	\$25	\$40
	3/23	DIO- Fossil Cave ■	\$29	N/A

Select	Start Date	Brief Course Title	OLLI	Non
	3/25	Hikes Near You: Lincoln Lake ■	\$25	\$40
	3/25	Arkansas's Most Endangered Historic Places ●	\$19	\$34
	3/29	Brewing Beer ■	\$35	\$50
	3/30	The Long Arm of COVID ●	\$19	\$34
	4/1	Tales of the Quantum ●	\$39	\$54
	4/1	Ozark Wildflower Hike ■	\$39	\$54
	4/2	Early Christian Churches ■	\$35	\$50
	4/2	Early Christian Churches ●	\$35	\$50
	4/5	Blooming Spring in the Ozarks ■	\$25	\$40
	4/5	Translating a Brazilian Modernist Classic ●	\$21	\$36
	4/6	Hipbillies ●	\$25	\$40
	4/7	Chasing Waterfalls: Kings River Falls ■	\$25	\$40
	4/7	Portrait Photography ■	\$69	\$84
	4/8	Native Plant Ecology ● ■	\$19	\$34
	4/9	University of Arkansas Welcomes the World ■	\$15	\$30
	4/12	Growing Organic in NW Arkansas ■	\$25	\$40
	4/12	The Joy of a Good Bird Walk ▲	\$35	\$50
	4/13	Inside the Farm ■	\$25	\$40
	4/16	Intro to Wildflower ID ●	\$29	\$44
	4/17	Making Ripples ● ■	\$29	\$44
	4/19	Erin go Bragh ●	\$25	\$40
	4/19	Economics of Slavery ●	\$25	\$40
	4/20	Invasive Plant ID ■	\$29	\$44
	4/20	(Un)Happily Ever After ●	\$49	\$64
	4/21	What's the big Deal About Gut Health? ●	\$19	\$34
	4/22	Leonardo da Vinci ●	\$55	\$70
	4/22	A Roaring Fun-Filled Day ■	\$25	\$40
	4/27	Controlling Invasive Plants ●	\$25	\$40
	4/28	Beginner/Novice Bird Walk ■	\$25	\$40
	4/28	Artistic Camera Effects ■	\$69	\$84
	4/30	Follow the Money ●	\$29	\$44
	5/3	Are We Alone? ●	\$25	\$40
	5/4	Education for All ■	\$25	\$40
	5/4	Art of Entertaining ● ■	\$45	\$60
	5/7	Highball-RR Branson ■	\$65	\$80
	5/10	Let's Get Healthy ■	\$25	\$40
	5/11	Driving ■	\$45	\$60

Select	Start Date	Brief Course Title	OLLI	Non
	5/11	Driving ●	\$45	\$60
	5/12	Taking Charge Of Your Life Holistically ■	\$19	\$34
	5/13	Understanding AR Criminal Justice ■	\$45	\$60
	5/13	Understanding AR Criminal Justice ●	\$45	\$60
	5/17	Your Face ■	\$19	\$34
	5/27	Right Brain Photo ●	\$55	\$70
	6/1	Take a Walk (Russia) ●	\$25	\$40
	6/1	Take a Walk (Russia) ■	\$25	\$40
	6/7	Our Own Sweet Sounds ■	\$29	\$44
	6/9	Touring w/ the Cats ■	\$45	\$60
	6/10	What is Courage? ■	\$29	\$44

POLICIES & PROCEDURES:

Please read and be aware of all OLLI policies & procedures.

COURSE CHANGES

Periodically, due to unforeseen reasons, class times or locations may change after the catalog is printed. Please check your e-mail and the OLLI website for the most up-to-date information www.oli.uark.edu.

MISSING A CLASS:

If you miss the first meeting of a class, please call the OLLI office at 479.575.4545 or email oli@uark.edu to learn whether the next meeting location or time has been changed. If you register for a class and decide not to attend, please call us to let us know because many classes and activities have waiting lists.

WEATHER CANCELLATIONS:

The Osher Lifelong Learning Institute typically follows the University of Arkansas's Inclement Weather Policy. This policy can be viewed at www.uark.edu under Fayetteville Policies and Procedures 210.0. U of A closings are announced on the www.uark.edu website and on all local television stations and KUAF radio.

CLASS CANCELLATION / REFUND POLICY:

- When dropping/cancelling a class you MUST contact the OLLI office at least five (5) days prior to the start of the class to receive a partial refund.
- A cancellation fee of \$15 or the cost of the class, whichever is less, will be taken from the refund.
- NO refund will be processed if the registration is not cancelled at least five days prior to the first class session.
- Payments made by credit card will be refunded back to the credit card account. Payments by cash or check will receive a refund check mailed to the home address within 4 weeks. Receipts will not be sent for refunds.
- *Note: You will receive a full refund if OLLI has to cancel a class due to unforeseen circumstances (weather, instructor illness, etc.). Memberships are non-refundable.

COURSE EVALUATIONS:

Following the final session of all

courses participants will be sent an electronic evaluation form via email using Google Forms. Please complete these evaluations and provide honest and open feedback. The information collected on the evaluations is used by the instructors and curriculum committee to develop future courses.

COURSE CONTENT DISCLAIMER:

Courses listed in this catalog are offered in the spirit of academic freedom. The Osher Lifelong Learning Institute and the University of Arkansas do not endorse any creed, concept, service or product that might be presented.

LOCATION POLICIES:

Please pay very close attention to the location of your class.

Fayetteville Municipal Airport (Drake)

Policies

Please do NOT go into the pilot and flight lounging areas or outside the back of the building to view the planes. It is advisable to dress in layers due to fluctuating temperatures at this location. You may bring your own beverage or snacks to class.

E-MAIL NOTIFICATIONS:

Please read your emails thoroughly!! It is important that we have your current contact information, especially your email address! OLLI communicates class reminders, updates, newsletters and other information via email. If you haven't been receiving our emails please contact us right away to ensure you aren't missing out on the latest OLLI news.

PHOTOGRAPHS:

OLLI reserves the right to take photographs or videos during the operation of all programs and events to use for promotional purposes. By registering for an OLLI program, participants agree to allow their images to be used in such photography. Participants who prefer that their images not be used are asked to contact the OLLI office at (479) 575.4545 to make that request.

OTHER POLICIES

- We ask that OLLI members wear nametags to OLLI classes, social activities and special events.
- When attending classes and events sign the roster sheet at each class and update contact information as needed.



Social Events and Special Interest Groups

Monthly Social Events

There is much fun to be had in the classroom, but it's important to have fun and connect with one another beyond the classroom. Our social committee hosts several events throughout the year that build camaraderie and community among our members. Social events are open to anyone who would like to attend. Due to Covid-19, in person social events are temporarily suspended and being held on Zoom. Event dates, times and Zoom links are available on the website and posted in weekly e-newsletters.

OLLI FOR COFFEE

Join in on these weekly virtual programs on Zoom where we will make. Each week there will be announcements of upcoming events, interviews and the opportunity for participants to socialize. Stay informed on OLLI news, events, and community during this weekly program held Tuesday mornings at 9:00am. Each program features upcoming events, interviews and opportunities to connect with others in the OLLI community.

LUNCH WITH AUTHORS AND OTHERS

Each month an author or other interesting speaker will give a short program followed by conversation at enriching, informative and convivial luncheons. This dutch-treat lunch is open to OLLI members and anyone else who is interested. An RSVP is requested at least three days in advance.

HAPPY HOUR

Connect with new and old friends at our fun filled happy hour gatherings! Grab your beverage of choice and a favorite snack and join in on the laughter, games and more.

Special Interest Groups (SIG)

Interested in getting involved in OLLI beyond the classes? Consider joining (or starting) a SIG! Special Interest Groups are a chance for members to focus on one particular area of interest beyond what is offered in classes. They are completely member-driven and some meet virtually while others meet in person. For more information, or to join or start a SIG, contact the OLLI office.

CURRENT EVENTS DISCUSSION GROUP

What's the news of today? This SIG meets to discuss interesting, controversial, newsworthy and fun topics that are streaming the headlines. Group members, on a volunteer basis, choose, present, and facilitate discussion on topics of local, state, national and foreign interest.

NONFICTION BOOK CLUB

If you enjoy reading good books and discussing it among like minded readers then this is the group for you! Group members select books that relate directly to topics of general interest such as political history, economic policy, environmental issues, or controversial public figures. OLLI members who may be interested in such topics are invited to take part in the monthly discussion sessions.

STAYING CURRENT ON CHINA

This SIG meets monthly, for one hour sessions, to review and discuss current events relating to China - with a special focus on their impact in the United States. The group's objective is to gain a greater understanding of the Chinese culture and the objectives of the Chinese government. No prior knowledge or experience with the subject is required.

OLLI AT THE MOVIES

If you enjoy the big screen then don't miss out on these FREE movie showings twice each month. Movies range from mad-cap comedies to more recent feature films. The movies and popcorn are provided, just bring a drink, sit back and enjoy the show! In person movie showings are temporarily suspended.



O S H E R
LIFELONG
LEARNING
INSTITUTE

At the
University of Arkansas

211 E. Dickson St.
Fayetteville, AR 72701
479-575-4545
olli.uark.edu

OLLI's Spring Kick Off

OLLI - U of A is kicking off the spring term with a series of virtual events and fun activities! All events will be held via Zoom. Links to these events will be shared in weekly e-newsletters and posted to the OLLI website (olli.uark.edu).

Monday, Jan. 25 @ 2pm - Spring Open House

Take this opportunity to hear updates on the spring semester, learn about upcoming classes and activities, visit with instructors, staff, volunteers and to ask questions. For those new to OLLI, or wanting to learn more about the registration process, we will hold a short workshop navigating the website and showing how to sign up for your preferred classes.

Tuesday, Jan. 26 @ 9am - OLLI for Coffee

Get the latest news and connect with OLLI members, volunteers, instructors and staff over a cup of joe during this informative and fun event.

Wednesday, Jan. 27 @ 8am - Member Priority Registration opens

Priority registration is exclusively for current members. If you are not a current member, renew, or join, for first access at securing a seat in your favorite classes. **Non-member registration opens Monday, Feb. 1 @ 8am.**

Thursday, Jan. 28 @ 4:30pm - Happy Hour

Connect with old friends, or meet new ones, from the comfort of your home.

Wednesday, Feb. 3 @ 9am - Zoom workshop

Zoom is the platform used by OLLI for all courses delivered virtually. This 1 to 1.5 hour workshop will cover all things Zoom to help you engage in your remote OLLI sessions and get the most out of your classes.

For more information, contact OLLI at UA by calling
(479) 575-4545 or email us at olli@uark.edu

SPRING 2021 COURSE CATALOG
FEBRUARY - JUNE, 2021

O S H E R
LIFELONG
LEARNING
INSTITUTE

**"LIVE WELL.
LEARN FOREVER."**

